



NOVEMBER 30<sup>TH</sup> 2014- HOTEL LALIT, BANGALORE



# INSIGHT

## Connect with the EXPERTS

### "Insight - 2014":

"Insight- Connect with the Experts was held at Hotel Lalit, Bangalore. It was organized by Asian Society of Continuing Medical Education collaborating with Cipla.

The sole objective of the CME was to update the General Practitioners about Role of Vitamin D3 in Bone Health, Fungal Skin Infections and Role of Cephalosporin in Clinical Practice.

**Date:** 30<sup>th</sup> of November 2014.

**Venue:** Hotel Lalit, Bangalore

**Total Participants:** 86

### Speakers:



**Dr. PRASANNA H.M.**  
**MBBS, M.S. (ORTHO) (P.G.I.M.E.R.)**  
**FELLOWSHIP IN TRAUMA (A.O.), SWISS**



**Dr. S. D. N. Guptha**  
**MBBS, MD, DVD**



**Dr. Kashinath Dixit**  
**MBBS, MD**

### Topics:

1. Role of Vitamin D3 in Bone Health
2. Fungal Skin Infections
3. Role of Cephalosporin in Clinical Practice

### Dr. PRASANNA H.M. – gave a lecture on **Role of Vitamin D3 in Bone Health**

- Vitamin D and parathyroid hormone
- Vitamin D and bone mineral density
- Vitamin D, falls and fractures

He also explained how do we treat vitamin D deficiency?

- Vitamin D3 or vitamin D2?
- Oral or intramuscular administration?
- Fixed or titrated dosing strategy?
- Lower daily dose or higher intermittent dose?
- Calcium supplementation

He also spoke on Vitamin D toxicity?

- Hypercalcaemia
- Hypercalciuria and renal stones

### **Dr. S. D. N. Gupta gave his presentation and gave lecture on “Fungal Skin Infection”**

Fungal infections seen in Primary Care clinics

- Dermatophytes
- Candida
- Dimorphic

He also explained Antifungal agents and the role of diverse topical medications available for treating fungal skin infections

### **Dr. Kashinath Dixt talked on “Role of Cephalosporin in Clinical Practice”**

He focused on the core characteristics of cephalosporins as a group. He highlights the differences in terms of bacterial coverage between different generations.

He also explained Cephalosporin group in detail –

- Chemical characteristics of beta-lactams.
- Mechanism of action.
- First, second, third and fourth generation cephalosporins drug list.
- Bacterial coverage of first, second, third and fourth generation cephalosporins.
- Clinical uses.
- Adverse effects.
- Ceftriaxone and meningitis.

### **Feedback from Participants:**

- Complication( systemic) by diabetes ,combinations of oral antidiabetics
- Role of Vit D3 in diabetes. Role of calcitriol in pregnancy whether teratogenic
- Newer treatment guidelines, Tumors producing hyperglycemia. Pancreas transplantation (Islet cell).Newer and Human Insulin.
- Insulin treatment for managing Diabetic
- Insulin therapy + Neurobiological involvement of DM
- Continue the good work
- Insulin Resistance, Auto immune disease , Syndrome X , Diabetic Mellitus , Asymptomatic CAD
- Bronchial Asthma , Infestation
- Autoimmune Therapy
- Ventilator Support - Respiratory Infections
- Pneumonia , Ventilation
- ARDS , Bronchial Asthma , Pneumonia
- MDR & XDR TB Management

### **Comments:**

- Over All Good
- This session is Descriptive
- CME Should be more interesting

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### PHOTOS OF THE EVENT



Faculty Delivering the Lecture



Participants Listening the Lecture

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Faculty Felicitation

