



SEPTEMBER 07TH 2014 - HOTEL GREEN PARK, CHENNAI



INSIGHT

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"Insight - 2014":

"Insight- Connect with the Experts was held at HOTEL GREEN PARK, Chennai. It was organized by Asian Society of Continuing Medical Education collaborating with Cipla.

The sole objective of the CME was to update the General Practitioners about Role of Vitamin D3 in current clinical practice, Tropical Infection Simplified, Under 5 Wheezing - All that Wheeze is not Asthma and Management of Diarrhoea in paediatric practice.

Date: 07th of September 2014.

Venue: HOTEL GREEN PARK, Chennai

Total Participants: 101

Speakers:



Dr. Syed Mushtaq Ahmed
B.Sc., M.B.B.S., FCIP, FACS, FICS, MIHM, DIP.PAED (SAMS),
DCCP, D.O., C.S.M.



Dr. Dhanasekhar Kesavelu
M.B.B.S, MRCP (UK), FRCPCH (UK), CCT (UK)



Dr. D. Suresh Kumar
MD, FNB (Inf. Disease), FHIV

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Dr. A. Balachandran
MD, DCH, PhD, FIAP



Dr. Ravikiran Muthuswamy
MD, DM (Endocrinology and Diabetes)

Topics:

1. Role of Vitamin D3 in current clinical practice
2. Tropical Infection Simplified
3. Under 5 Wheezing - All that Wheeze is not Asthma
4. Management of Diarrhoea in paediatric practice.

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Dr. Ravikiran Muthuswamy – gave a talk on Role of Vitamin D3 in current clinical practice

The topic covered by him was

- Vitamin D Synthesis and Metabolism
- Major Function of Vitamin D
- Complication of Vitamin D deficiency
- Vitamin D deficiency and CVS
- Vitamin D deficiency and Diabetes
- Vitamin D deficiency and Cancer
- Vitamin D deficiency in patients with RA

Dr. A. Balachandran gave his presentation on “Under 5 Wheezing - All that Wheeze is not Asthma”

After a brief intro he directly started with the different types of cases seen in practice. The cases were explained to the delegates and the whole case was open for discussion. Delegates passively participated in the discussion regarding the differential diagnosis, investigations and treatment. It was a very interactive session and the delegates thoroughly enjoyed it.

The various cases that she presented were –

1. GERD & Wheeze
2. Tracheomalacia
3. Foreign body aspiration
4. Cystic Fibrosis
5. Episodic wheezer
6. Multi trigger wheeze
7. Allergic Rhinosinusitis - Co morbid

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Dr. Dhanasekhar Kesavelu talked on “Management of Diarrhoea in paediatric practice”

He discussed what is diarrhea and its types and Various Causes of diarrhea with its management and prevention such as

Causes of Diarrhoea –5 I’s

- **I**nfection- Virus,Bacteria,Protozoa
- **I**nflammation- Crohns,UC
- **I**rritation- Malabsorption
- **I**atrogenic- AAD.
- **I**diopathic- GOK

Types of Diarrhea –

- **Acute watery diarrhea** – lasts several hours or days, and includes cholera
- **Acute bloody diarrhea** – also called dysentery
- **Persistent diarrhea** – lasts 14 days or longer.

He also talked on Zinc to Treat Diarrhea & Mechanisms of Action of Different Medications in Acute Gastroenteritis

Dr. D. Suresh Kumar talked on Tropical Infection Simplified

Feedback from Participants:

- Advance treatment for diabetes in younger age group and Insulin usage and dosage, corrections. type-I diabetes and more details about gestational diabetes
- Recent Development and dose adjustment of Insulin therapy. Type I DM treatment Recent
- Newer Drugs in the reversal or regeneration of nerve conduction defects
- Diabetics-Insulin Therapy in Pregnancy
- Insulin dosage and insulin in pregnancy
- Basic of Lipid metabolism and disorder
- Doses of Antidiabetic drug indication /contraindication
- Insulin dosage newer available one .DM and associated musculoskeletal disorder. Neuropathy in DM patient, Role of multivitamin weight reduction in Dm with insulin therapy.
- Long acting GLP- Analogues. Intensification of Insulin therapy. Glucose control in Sepsis.
- Recent treatment for diabetic wound
- Insulin therapy ,Hypoglycemia
- Management of blood sugar control in post operative patient /counseling of patient regarding blood sugar levels.
- Complication of DM
- Insulin therapy(newer Insulin) & Dosage & protocol

Comments/Suggestions:

- This session is very useful for us to practice.
- Wants more CME`s
- Evaluation of Parathyroid Lesion
- Very good Experience
- Very informative CME, Keep up the good Work.
- Excellent CME ,Informative
- Regular CME Programmes on day to day clinical patient.
- Want to have CME Programme once in a month
- Was very informative and interactive. Really Benefited
- Need more time to topics like tropical infection
- One kind request, doctors can put their mobile in silent mode & can attend calls outside the lecture hall.

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PHOTOS OF THE EVENT



Moderator Introducing the Speaker



Faculty Giving the Lecture



Faculty Giving the Lecture



Faculty Giving the Lecture

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