



# ASIAN SOCIETY OF CONTINUING MEDICAL EDUCATION

## EXPERT IN TOWN

**Experts in Town 2022** was held at Srinagar, India under the banner of Asian Society of Continuing Medical Education.



The CME was designed to get all the Gynecologist in one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management of Infertility, PCOS, High-Risk Pregnancies, Calcium deficiency and related disorders in women health with their level of morbidity and mortality and its associated spectrum of complications. Well known Gynecologist were invited to share their knowledge and Experience.

The Introductory speech was given by ASCME. He emphasized the main role played by Asian Society of Continuing Medical Education.

<b>Date</b>	:	<b>25<sup>th</sup> June 2022</b>
<b>Venue</b>	:	<b>Srinagar, India</b>
<b>Total Participants</b>	:	<b>34</b>





# ASIAN SOCIETY OF CONTINUING MEDICAL EDUCATION

## AGENDA

Date: 4<sup>th</sup> June 2022 Time: 5:00 p.m. to 8:15 p.m.

Agenda	Duration
High Tea	4:30 to 5:00 PM
Welcome & Introduction	5:00 to 5:15 PM
<b>Session by Dr. Nikita Trehan &amp; Hafeez Rehman</b>	
1. Laparoscopic Encerclage : Dr.Nikita Trehan	
2. Lap Surgery for prolapse : Dr.Hafeez Rehman	
3. Lap Myomectomy and Adenomyomectomy : Dr.Nikita Trehan	
4. Vaginal Surgery by an Endoscopist : Dr.Hafeez Rehman	5:15 to 7:15 PM
<b>Panel Discussion</b>	
Dr. Bilquees Jameela                      Chairperson	
Dr. Mohammad Ashraf Kar              Panelist	
Dr. Rifat Ara                                  Panelist	
Dr. Rizwana Habib                        Panelist	
Dr. Nikita Trehan                           Panelist	
Dr. Hafeez Rehman                        Panelist	7:15 to 7:45 PM
Q&A	7:45 to 8:00 PM
Felicitation & Vote of Thanks	8:00 to 8:15 PM
Dinner	8:15 PM Onwards





# ASIAN SOCIETY OF CONTINUING MEDICAL EDUCATION

## Summary of Experts in Town 2022

- The ASCME was conducted at Srinagar, India. It was aimed to bring together the well-known Gynecologist on one platform for exchanging their views and sharing their clinical experiences with each other's about the challenges in management and its associated spectrum of complications.
- In this ASCME, different topic such as Laparoscopic Encerclage, Laparoscopic surgery for Prolapse, laparoscopic Myomectomy and adenomyomectomy, Vaginal Surgery by a Endoscopic & its associated spectrum of complications.
- **Dr. Bilquees Jameela** chairperson for Expert in town 2022 inaugurate Forum to discuss and share important point on given agenda topic.
- **Dr. Nitika Tehran** overview on **Laparoscopic encerclage** occurs in 0.1% to 1% of all pregnancies and is associated with a high risk of second-trimester abortion and/or preterm delivery Laparoscopic encerclage in pregnancy is more challenging than that in the non-\*pregnant state. This is because of the enlarged uterine size, engorged uterine vessels, and infeasibility of using a uterine manipulator. Laparoscopic encerclage is highly recommended for a previous failed vaginal encerclage and is superior to the laparotomy approach in terms of low morbidity and faster recovery.
- **Dr. Hafeez Rehman** talk about **Laparoscopic surgery for Prolapse** said Forty percent of women will develop pelvic organ prolapse (POP), with anterior prolapse being twice as frequent as posterior prolapse and three times more frequent than medium prolapse (apical). Furthermore, 6%–12% of women who require hysterectomy will develop apical prolapse, which is associated with anterior or posterior prolapse in two thirds of cases. Colposacropexy (open, laparoscopic, or robotic) is considered the gold standard for the correction of apical prolapse, with a surgical success rate of 90%.
- However, the technical difficulty in exposing the anterior vertebral ligament, due to nearby vascular structures, promontory exostosis or intestinal





# ASIAN SOCIETY OF CONTINUING MEDICAL EDUCATION

adhesions, lengthens the surgical time. In addition, although complications are not frequent, they are important and include intraoperative haemorrhage, promontory osteomyelitis, ureteral injury, or constipation.

- **Dr. Nitika Trehan** explain about Laparoscopic Myomectomy, is **a surgical procedure of removing fibroids through small abdominal incisions** also called Robotic Myomectomy. Laparoscopic Myomectomy is suggested and advised for those who experience problems due to fibroids, where also advised treatment for severe adenomyosis is hysterectomy, but for patients wishing to preserve their uterus, novel conservative surgery, adenomyomectomy, can be performed. The technique needs to be developed to reduce spontaneous uterine rupture, adhesion and recurrence rates.
- **Dr. Hafeez Rehman** speak on **Vaginal Surgery by a Endoscopic** is feasibility and safety of laparoscopy are no longer to be demonstrated, especially in the field of gynecology, but this technique often causes post-operative pain. New techniques are being developed to overcome the inconvenience of laparoscopy, notably endoscopic transluminal surgery using a natural orifice (NOTES). It avoids incisions and therefore scarring, and could reduce post-operative pain. It is now developing in the field of transvaginal gynecology (vNOTES).
- In this ASCME, Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding the management of Infertility, PCOS, High-Risk Pregnancies, Calcium deficiency and related disorders in women health. It was a very interactive session and the delegates thoroughly enjoyed it.

Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.







# ASIAN SOCIETY OF CONTINUING MEDICAL EDUCATION

## PHOTOS



[Welcome to EXIOMM WEST-2022](#)





# ASIAN SOCIETY OF CONTINUING MEDICAL EDUCATION



Registration to Expert in Town 2022



Welcome to Expert in Town 2022





# ASIAN SOCIETY OF CONTINUING MEDICAL EDUCATION



PPT Presentation on  
Laparoscopic Myomectomy & Adenomyomectomy



Discussion on Associated Spectrum of Complication





# ASIAN SOCIETY OF CONTINUING MEDICAL EDUCATION

