

DIABETES SUMMIT 2016

25th To 26th June 2016 at Mumbai, Maharashtra

PHOTO 1

PHOTO 2

Diabetes Summit

"Diabetes Summit" was held at Mumbai under the banner of Asian Society of Continuing Medical Education.

The CME was designed to get all the Endocrinologist, Diabetologist and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management of Diabetes and its complication. Well known Endocrinologist, Diabetologist and General Physician were invited to share their knowledge and Experience.

The Introductory speech was given by Asian Society. He emphasized the main role played by Asian Society of Continuing Medical Education and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

The CME was attended by 78 Doctors all round India.

Date: 25th to 26th June 2016

Venue: Hotel Trident, Mumbai

Speakers:

- **Dr. Nikhil Bhagwat.**
- **Dr. Anil Bhoraskar.**
- **Dr. Sanjiv Shah.**
- **Dr. Tejas Shah**
- **Dr. Rajiv Kovil**
- **Dr. Girish Parmar**
- **Dr. Sanjay Khare**
- **Dr. Priya Ballani Thakkar**
- **Dr. Vijay Negalur**

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- **Dr. Benny Negalur**
- **Dr. Manoj Chawla**
- **Dr. Dakshata Padhye**
- **Dr. Sanjay Godbole**
- **Dr. Ameya Joshi**
- **Dr. Siddharth Shah**
- **Dr Vijay Panikar**
- **Dr. Altamash Shaikh.**

Topics:

Session 1

- Glycemia, other parameters like BP, lipids, Urine albumin etc, current clinical dilemma.

Session 2

- Choosing the right AHA (Antihyper glycemc agent) a dynamic case based approach
- Debate1: What is more justified? Triple/Quadruple therapy vs Insulin
- Rapid fire session on OADs (Oral Anti Diabetic agents)
Gliptin Voglibose
- Clinical justifications to use SU in 2016?
- Real world clinical experience – Canagliflozin & tips to unearth the real potential

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Session 3

- AGP
- Real life clinical use of AGP

Session 4

- Diabetic Nephropathy
- Diabetic Peripheral Neuropathy
- Diabetic Autonomic Neuropathy
- Foot care & set up
- Diabetes & depression
- Diabetes & Sexual dysfunction
- Diabetes & Hypertension
- Diabetes & Dyslipidemia

Session 5

- Establish a diabetes clinic
- Digitalize our clinic
- Successfully counsel patients
- Convince patients to take up exercise as a habit

Feedback:

- Practical Approach to Understand well
- GDM
- Hypertension, COPD
- Relation of Declines B-cell Functions & decline in creatine
- CME on Insulins.
- Thyroid Disorders & Complications approach.

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Summary of Diabetes Summit:

- The CME was conducted at Mumbai. It was aimed to bring together the well-known Endocrinologist, Diabetologist and General Physician across India in order to discuss various clinical aspects and challenges in the management of Diabetes and its complications.
- In this CME, Different topics related to Diabetes management such as choosing the right AHA, Which OAD has to be used Glyptin Vs. Voglibose, Diabetes Dyslipidemia, Diabetic Nephropathy and Diabetic Neuropathy etc and its complication were discussed in this event.
- Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding the differential diagnosis of Diabetes and its management. It was a very interactive session and the delegates thoroughly enjoyed it.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.

Photos