

"Kerala Headache Update"

04th Decemeber 2016 at Kochi, Kerala.

"Kerala Headache update(KHU)":

"Kerala Headache Update" was held at Kochi, Kerala, India under the banner of Asian Society of Continuing Medical Education.

The sole objective of the CME was to update the knowledge of Neurophysician, Neurologist and General Practitioner on unmet needs in the management of headache in routine clinical practice and its complications.

The Introductory speech was given by Asian Society. He emphasized the main role played by Asian Society of Continuing Medical Education and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

The CME was attended by 180 Doctors all round India.

Date: 04th December 2016.

Places and Venues:

- Le Meridien, Kochi, Kerala, India.

Total Participants: 180

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Faculties:

- Dr. Vinod Kumar
- Dr. M. V. Francis
- Dr. K. Ravishankar
- Dr. Debashish Chowdhary
- Dr. Sanjay Prakash
- Dr. Tapas Banerjee
- Dr. Anandakumar
- Dr. Jeevan Nair
- Dr. Thomas Mathew
- Dr. Vibhor Pardasani
- Dr. C. V. Shaji
- Dr. Avinash Haridas
- Dr. Sumit Singh
- Dr. Mathew Abraham
- Dr. G. k. Pai
- Dr. R. Raveenndranathan
- Dr. D. Sreenivas
- Dr. Vinod Joseph
- Dr. Rakesh Shukla
- Dr. Goutam Ganguly
- Dr. R. M. Dhamjia
- Dr. Yashpal Singh
- Dr. M. V. Padma
- Dr. Subhash Kaul
- Dr. Meena Gupta
- Dr. Bithi Chowdhury
- Dr. Ish Anand
- Dr. Ramesh Bhattacharyya
- Dr. Rajiv Anand

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TOPICS –

- Clinical differentiation between primary and secondary headaches: useful tips.
- Thunderclaps headaches: Etiology, Diagnosis and management.
- Migraine with Aura.
- Optimizing episodic migraine management: Current modalities and future and directions.
- Chronic migraine and medication overuse headaches: Diagnosis and management.
- Headache Quiz.
- Tension type headaches: Diagnosis and management.
- Trigeminal Autonomic cephalalgias: Diagnosis and management.
- Group 4 primary headaches.
- Migraine and Strokes: Who are at risk and how to manage them?
- Headaches in Elderly.
- Case discussion.

Summary of Kerala Headache Update:

- The CME was conducted at Kochi, India. It was aimed to bring together the well-known Neurophysician, Neurologist and General Physician across India in order to discuss unmet needs in the management of headache in routine clinical practice and its complications.
- In this CME, Different topics related to Neurological Headache i.e. Tension headaches, Differentiation between primary and secondary headaches, Thunderclap headaches, Migraine, Stroke etc and its management with different case studies their complications were discussed in this event.

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- Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion on unmet needs in the management of headache in routine clinical practice and its complications. It was a very interactive session and the delegates thoroughly enjoyed it.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.

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SNAPSHOTS



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