



Dia-League

A Workshop on New Frontiers in Diabetes

06 MAR 2016 – MADURAI, TAMILNADU

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"Dia League was held at Madurai, Tamilnadu. The CME was organized by of Asian Society of Continuing Medical Education.

The sole objective of the CME was to update the practicing doctors about Diabetes mellitus, level of morbidity and mortality due to diabetes and its associated spectrum of complications and diabetes management as the disease is now highly visible across all societies within India.

The session was open with an introductory session by Asian Society of continuing Medical Education and followed by the scientific agenda.

Date	:	06 th March 2016.
Venue	:	JC Residency, Madurai, Tamilnadu
Total Participants	:	65

TOPICS :

1. DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes
2. Placement of Sulphonylurea in the present scenario?
3. Case study – T2DM with recurrent hypoglycaemia
4. The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia
5. The act of Balancing between the newer treatment options in T2DM
 - Yes to DPPIV Inhibitors
 - Yes to SGLT2 Inhibitors
6. Cross Talk : Managing Diabetic patient with CV comorbid conditions
 - Cardiologist perspective
 - Diabetologist perspective
 - AGP Workshop

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MODERATOR, CHAIRPERSONS AND FACULTIES



Dr. G Chandramohan
MBBS MD

Consultant Diabetologist



Dr. S Velumani
M.B.B.S. M.D.(Internal Med)

**Senior Physician and
Diabetologist at Coimbatore**



Dr. Vivek Sundaram
M.D., DNB (Medicine), MRCP
(U. K.)

**Consultant in Internal
Medicine, Diabetes and
Critical Care, Trichy**



Dr. Arul Prakash
M.D., MRCP (U. K.)

**Consultant Physician,
Diabetologist and
Endocrinologist at Indra
Diabetes Clinic, Tuticorin**



Dr. N Raja
MBBS M.D.

**Consultant Geriatrician,
Madurai**



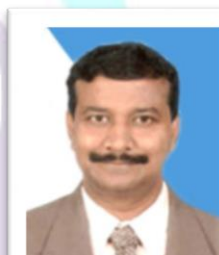
Dr. Kannan K
MBBS MD DM

**Sr Consultant Endocrinologist
in Madurai**



Dr. RM Manikandan
MBBS MD DM

**Consultant Endocrinologist
and Diabetologist at Apollo
Hospital, Madurai**



Dr. Balamurugan
MBBS MD D.(Diab)

**Chief Diabetologist, Kovai
Diabetes Speciality Centre &
Hospital, Coimbatore**



Dr. P Shankar
MBBS MD DM (Cardio)

**Consultant Interventional
Cardiologist, Apollo Hospital,
Madurai**

Dr. Alagia Nambi
MBBS MD

**Consultant Diabetologist – Sri
Gokulam Hospital, Salem & K.
S. R. Dental College &
Research Institute.**

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1. **Dr. S. Velumani** M.B.B.S. M.D.(Internal Med) talked on The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia.

- Highlighted Decision point: Which of the options would you choose for this patient?
- Highlighted Diabetes Remission after Intensive Insulin Therapy in New Onset T2DM.
- Highlighted Insulin and its Barriers...
- Early combination therapy for the treatment of type 2 DM: Systematic Review and Meta analysis.
- Highlighted Initial Management of severe Hyperglycemia in patients with Type 2 Diabetes: An Observational Study.
 - The ideal components for combination therapy?
 - Need for an early and combination approach to type 2 diabetes management

2. **Dr. K. Krishna Moorthy** M.B.B.S., M.D. (Gen Med), DNB (Gen Med) talked on - DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes

- Decreased Insulin, Elevated Glucagon, and Hyperglycemia in Type 2 Diabetes.
- Reduced Incretin Effect in Type 2 Diabetic Patients
- Type 2 Diabetes is a Global Cardio-metabolic Risk (CMR)
- DPP4 inhibitors (gliptins) is hypoglycemic class that inhibiting \ the action of DPP4 (which degrade the action of GLP-1 to convert it to inactive form
- DPP4 inhibitors drugs.
- Efficacy as Monotherapy compared to Metformin comparable efficacy at 2 yrs.

3. **Dr. Arulprakash**, MD (Gen.Med), M.R.C.P (UK) Talked on- A futuristic vision of diabetes management. Case study of recurrent hypoglycaemia.

- Inhaled insulin.
- Afrezza (Techno sphere insulin).
- Rapid absorption of Techno sphere insulin.
- Insulin Jet Injectors
- Continuous Glucose Monitoring System (CGMS)
- REAL- Time Continuous Glucose Monitoring System.

4. **Dr. R. Balamurugan** M.B.B.S., MD (Internal Med) D.Diab and Talked on - Placement of Sulphonylurea in the present scenario?

- History.
- Insulin Secretion (Glimepiride).
- Showed Therapeutic actions
- Attributes of sulphonylureas

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- IDF Global Guideline for Type 2 Diabetes.
- ADA and EASD algorithm for the management of type 2 diabetes.
- Type 2 Diabetes is a Dual Problem

5. **Dr. Vivek Sundaram** M.D., DNB (Medicine), MRCP (U. K.) and **Dr. Anand Kumar Annamalai** M.B.B.S., M.D (Gen Med), D.Diab M.R.C.P (U.K), SCE (UK) and Dr. R. Gobinath M.B.B.S., M.D. (Gen.Med) GrDipDC Talked on - The act of balancing between the newer treatment options in T2DM.

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- Yes to DPP 4 inhibitors
- Yes to SGLT2

6. **Dr. P. Shankar** M.B.B.S. , M.D.(Gen Med), DM(Cardiology) and **Dr. R. M. Manikandan** MRCP (Gen Med) , MRCP (Endocrine & Diabetes) and Dr. V. Balachandran M.B.B.S. , MD, MNAMS, FRCP (Edin), FACC (USA) Talked on - Cross Talk : Managing Diabetic patient with CV co morbid conditions.

- Cardiologist perspective.
- Diabetologist perspective.

7. **Dr. Kannan K.** M.B.B.S., M.D. (Gen Med), D.M. (Endocrinology), FICP-API talked on -Workshop on Ambulatory glucose profiling.

- Rationale for Ambulatory Glucose Profile (AGP)
- The 14-day AGP
- Interpreting the AGP Graph
- The benefits to HCPs and Patients

SNAPSHOTS



REGISTRATION OF DELEGATES



FACULTIES AT THE DESK



SCIENTIFIC SESSION



DEMONSTRATION OF MEDICAL DEVICE