



CONTINUING
MEDICAL
EDUCATION

DIA LEAGUE

13th November, Lucknow, India



DIA LEAGUE

“DIA LEAGUE”:

"The Dia League CME was held at Lucknow under the banner of Asian Society of Continuing Medical Education.

The CME was designed to get all the Diabetologist, Endocrinologist and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management of Diabetes. Well known Diabetologist, Endocrinologist and General Physician were invited to share their knowledge and Experience.

The Introductory speech was given by Asian Society. He emphasized the main role played by Asian Society of Continuing Medical Education and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

The CME was attended by 56 Doctors all round India.

Date:

- 13th November 2016

Places and Venues:

- Hotel Clark Awadh, Lucknow.

Faculty:

Moderator:

- Dr. M. K. MITRA

Chairpersons:

- Dr. M. K. Srivastava
- Dr. Sharad Kumar
- Dr. Atul Srivastava
- Dr. R. C. Ahuja

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Speaker Topic wise:

- Dr. Sunil Bansal
- Dr. Navnit Agarwal
- Dr. Anubhav Thukral
- Dr. Nitin Ranjan Gupta
- Dr. Mukulesh Gupta
- Dr. Varesh Nagrath
- Dr. Narsingh Verma
- Dr. Jamal Ahmad

TOPICS–

- DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes.
- The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia.
- Case Study – T2 DM with Recurrent Hypoglycemia.
- The act of balancing between the newer treatment options in T2DM
 1. Yes to DPP-4 Inhibitors.
 2. Yes to SGLT2 Inhibitors
- Cross Talk : Managing Diabetic patient with CV comorbid conditions
 1. Cardiologist perspective
 2. Diabetologist perspective
- Futuristic Vision in Diabetes Mellitus.
- Glycemic Variability and its Management.

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- **Dr. Navnit Agarwal** talked on DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes and covered below mention topics in detail –
 - ✓ What are incretins?
 - ✓ Gastric Inhibitory Polypeptide (GIP)
 - ✓ GLP-1 Effects in Humans
 - ✓ Dipeptidyl Peptidase-IV Antagonists , Its Safety and Efficacy
 - ✓ Glimipiride vs Vildagliptin – Asian study
 - ✓ Cardiovascular Safety
 - ✓ Most common side effects
 - ✓ Weight and DPP4 inhibitors
 - ✓ Gliptin: no weight gain
 - ✓ Cardiovascular Effects
 - ✓ Glycemic Variability
 - ✓ DPP - IV Inhibitors and CV Events
 - ✓ Merits over SGLT2 Inhibitors
- **Dr. Nitin Rajan Gupta** talked on Case Study – T2 DM with Recurrent Hypoglycemia.

The summary of topic is –

- ✓ **Presented clinical case** of Diabetic patient with history of recurrent hypoglycemia and increased BMI on a failing dual therapy of MET + SU.
- ✓ The cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding the investigations and treatment. It was a very interactive session and the delegates thoroughly enjoyed it

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- **Dr. Mukulesh Gupta** talked on Futuristic Vision in Diabetes Mellitus, topics covered was–
 - ✓ Insulin Jet Injectors
 - ✓ Continuous Glucose Monitoring System (CGMS)
 - ✓ REAL-Time Continuous Glucose Monitoring System
 - ✓ CGM in T1DM: JDRF Sensor Trial.
- **Dr. Sunil Bansal** talked on The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia, topics covered was –
 - ✓ Provide practical guidance on improving diabetes care through highlighting the need for a sense of urgency in treating to target
 - ✓ Earlier introduction of combination therapy
 - ✓ Consideration of patient profile
 - ✓ Use of combinations of drugs with complementary mechanisms of action Diabetes Mellitus A Constellation of Complications
 - ✓ Need for an early and intensive approach to type 2 diabetes management Pharmacotherapy in T2DM Checklist.
- **Dr. Anubhav Thukral** talked on Yes to DPP4 Inhibitor, The scientific session highlighted following topics –
 - ✓ Comparing DPP IV Inhibitors
 - ✓ Comparing Sglt-2 Inhibitors
 - ✓ Gliptin - Mechanism of action
 - ✓ Physiological Actions of GLP-1 and GIP
 - ✓ Comparison of DPP–4 Inhibitors
 - ✓ DPP4 Inhibitors - Efficacy

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- **Dr. Varesh Nagrath** talked on Yes to SGLT2 Inhibitor, The scientific session highlighted following topics –
 - ✓ Unmet Needs With Conventional Antihyperglycemic Therapies
 - ✓ The Kidneys Play an Important Role in Glucose Control
 - ✓ Mechanism Of Action
 - ✓ Altered Renal Glucose Control in Diabetes
 - ✓ Highlighted Rationale for SGLT2 Inhibitors
 - ✓ What are the Effects of SGLT2 Inhibitors
- **Dr. R. C. Ahuja** talked on Managing Diabetic patient with CV comorbid conditions – Cardiologist Perspective, The scientific session highlighted following topics –
 - ✓ Mechanisms by which Diabetes Mellitus leads to CHD.
 - ✓ Cardiac morbidities due to diabetics.
 - ✓ Metabolic Syndrome: Risk of Developing DM.
 - ✓ Diabetes Mellitus: Risk of Myocardial Infarction.
 - ✓ BP Goals in People with Diabetes.
- **Dr. Jamal Ahmed** talked on Managing Diabetic patient with CV comorbid conditions – Diabetologist Perspective, The scientific session highlighted following topics –
 - ✓ Components Of Comprehensive Diabetes Evaluation
 - ✓ Glycemic Recommendations for Non-Pregnant Adults with Diabetes.
 - ✓ Is HbA1c Affected by Glycemic Instability?
 - ✓ Chronic hyperglycemia vs. Frequent acute glycemic variability
Drugs used in the management

Feedback:

Suggested topics from delegates interested for future cme -

- Diabetic Nephropathy
- GDM
- Insulin Doses
- Ophthalmic symptoms and Diabetes.
- Diabetes and its Complications `
- Hypertension & Diabetes
- Infection disease
- Thyroid Disorders & Complications approach.
- HTN, IHD.
- Diabetic Neuropathy
- HTN and Diabetes management.
- Osteoarthritis
- Diabetes Latest Trends in Clinical Practice
- IHD
- Diabetes and Obesity.

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PHOTO'S



Faculty Delivering Lecture



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Question and Answer



Question and Answer



Delegates Listening the Lecture