



Why was Dia League needed?

"India is facing an epidemic of diabetes. At present, confirmed diabetes patients in India are 67 million, with another 30 million in prediabetes group. By 2030, India will have the largest number of patients in the world. Diabetes is not only a blood sugar problem, but brings along other complications as well"

Dia League cover recent developments in the management of diabetes & its complications encompassing key topics related to ambulatory glucose profiling, glycemic variability, importance of comprehensive glucose management through sessions and debates. Topics like alpha cell restoration and better management of PPG in a setting of excessive carbohydrate consumption are other extremely vital updates to a clinician's knowledge.

Dia League was designed to get all the Diabetologist, Endocrinologist and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management of Diabetes. Well known Diabetologist, Endocrinologist and Consultant Physician were invited to share their knowledge and Experience.

Eligibility Criteria

- **Diabetologist**
- **Endocrinologist**
- **Consultant Physician**

Asian Society of CME

The Dia League CME was held at Chennai, Lucknow, Nagpur, Kolkata, Coimbatore and Ludhiana under the banner of Asian Society of Continuing Medical

Contents for Dia League

Lectures

- **Alpha cell restoration and beta cell regeneration in diabetes- Does OAD therapy have the answers?**
- **Providing comprehensive glucose control (FPG,PPG,HbA1c) with added benefit of tackling GV-the value added by Voglibose based triple therapy**
- **DPP4 inhibitors and Cardiovascular Risk: what is the evidence?**

Lectures

- **Ambulatory glucose profiling- Novel concept, promises improved diabetic patient outcomes**
- **Glycemic variability- Are we missing an important tool to monitor diabetes**

Clinical Cases

- **Diabetic patient with recurrent hypoglycemia and increased BMI on a failing dual therapy of MET + SU**
- **Newly diagnosed diabetic with very high level of PPG, rich carbohydrate diet and sedentary lifestyle**

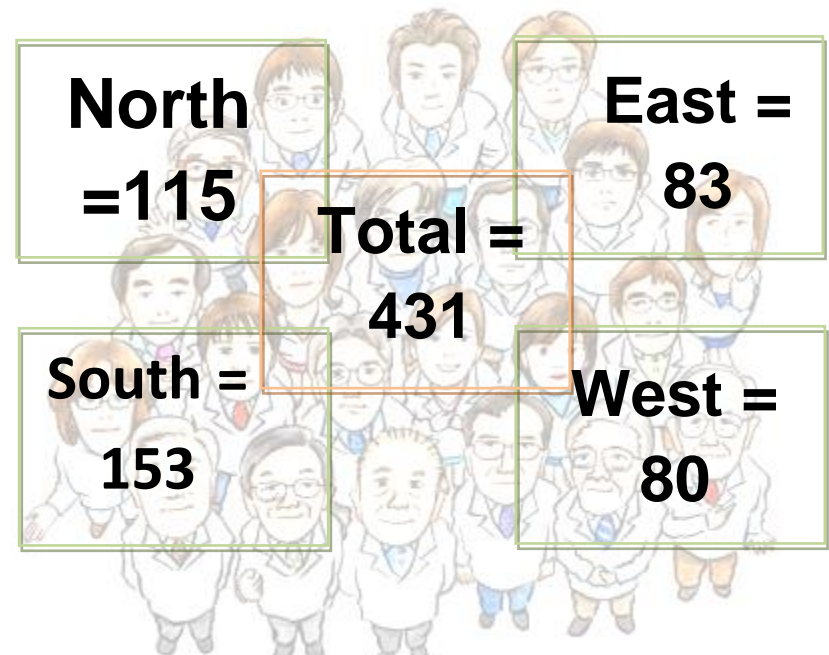
Debate

- **Debate on What OAD to choose after Biguanide Class Drug as an initial therapy fails**
 - a) **Against DPP4 Inhibitor**
 - b) **For DPP4 Inhibitor**

Places



Number of HCPs



Feedback Questionnaire

- Q1. Topics covered were relevant and informative
- Q2. There was sufficient opportunity for interactive participation
- Q3. Information provided will be useful for my clinical practice
- Q4. Faculty shared information clearly
- Q5. Format of delivery of information [lecture, articles, workshops, etc.] was relevant
- Q6. The event added to my conceptual understanding of the subject
- Q7. This initiative addressed my educational need(s) for science behind Nutrition
- Q8. Asian Society's educational initiatives are in right earnest and value Adding

Dia League Feedback

Tick Mark the relevant Rating in SA=Strongly Agree, A=Agree, D=Disagree, SD=Strongly Disagree

Topics	SA	A	D	SD
Topics covered were relevant and informative	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There was sufficient opportunity for interactive participation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Information provided will be useful for my clinical practice	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Faculty shared information clearly	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Format of delivery of information (lecture, articles, workshops etc) was relevant	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The event added to my conceptual understanding on the subject	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
This initiative addressed my educational need(s) for science behind nutrition	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asian Society's educational initiatives are in right earnest and value adding	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall Rating of the Workshop: 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐
Lowest → Best

Event Type: P-TMT
Speaker Name(s): Dr. Shelly Khanna
Dr. Ashish Sandekar
Dr. Sandeep Kadian

Any Other topics relating to Nutrition that you are interested in:
Combating Malnutrition in children

Any Other comments:
Disks for Malnutrition

Participating Doctor: *D. K. Bhangale, G. Bhangale*
Respectfully: *Respectfully*
Presented/On behalf of: *Respectfully*



Future CME Recommended by the Participants

- Nephropathy In Diabetes-Still More In Details Way Role Of OHA's In Renal Insufficiency
- GDM & DM.
- Relation of Declines B-cell Functions & decline in creatine.
- Thyroid Disorders & Complications approach.
- Recent Hands in Bariatric Surgery in DM.
- Diabetic Nephropathy.

CME Accreditation

The Asian Society of Continuing Medical Education was successful in getting CME accreditation for the Dia League CME from State Medical Council of Maharashtra, Andhra Pradesh, Tamil Nadu, West Bengal and UP Medical Council.

Action



Result



Dai League Calendar

April 2015

05th Sunday

Chennai

April 2015

19th Sunday

Lucknow

June 2015

21st Sunday

Nagpur

June 2015

21st Sunday

Kolkata

August 2015

23rd Sunday

Coimbatore

August 2015

30th Sunday

Ludhiana

Dia League Summary

North Region

Dia League CME program was conducted in the Northern region on 19th April 2015 at Hotel Taj by Vivanta, Lucknow and on 30th August 2015 at Hotel Radisson Blu, Ludhiana. It was aimed to bring together the well-known Diabetologist, Endocrinologist and CPs across India in order to discuss various clinical aspects on Diabetes management. In this CME, Treatment guidelines were established by diabetes experts and community practitioners. Also, Diabetes in cardiac patients were discussed in this event. Clinical cases discussed here had offered the partakers to gather new information related to practical applications in management of Diabetes.

Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.



South Region

Dia League CME were organized in the Southern region on 05th April 2015 and 23rd August 2015 at Hotel Taj Connemara, Chennai and Hotel Residency Inn at Coimbatore respectively which invited renowned Diabetologist, Endocrinologist and CPs across India to share their knowledge about several practical and clinical issues related to management of Diabetes. In this CME program, lectures and Debate were included which were based on Debate on What OAD to choose after Biguanide Class Drug as an initial therapy fails - Against DPP4 Inhibitor and for DPP4 Inhibitor. Also New Frontiers in the Management of Diabetic Nephropathy was discussed. Towards the end of the program participants shared their feedback, concerns and suggested topics for future programs. CME credits were awarded to the participants by Tamil Nadu Medical Council.



East Region

Dia League CME program was conducted in the Eastern region on 21st June 2015 at Hotel The Park, Kolkata that invited renowned Diabetologist, Endocrinologist and CPs across India to talk about several practical and clinical issues related to Diabetic Management. In these CME programs, lectures and workshops were included that were based on Debate on What OAD to choose after Biguanide Class Drug as an initial therapy fails - Against DPP4 Inhibitor and for DDP4 Inhibitor. Also Ambulatory glucose profiling-Novel concept, promises improved diabetic patient outcomes and its role in today world were discussed critically. Clinical cases discussed by the participants helped them to understand clinical features and practical insights based on Diabetic Management.



Faculty Delivering the Lecture



Participant Listening the Lecture

West Region

Dia League CME in the Western region were conducted on 21st June 2015 at Hotel Radisson Blu, Nagpur that invited well-known Diabetologist, Endocrinologist and CPs across India to discuss on several essential aspects of pediatric nutrition. This event included of lectures, workshops and discussion of clinical cases delivered by experienced faculties. Treatment guidelines were established by diabetes experts and community practitioners. Clinical cases of Diabetic patient with recurrent hypoglycemia and increased BMI on a failing dual therapy of MET + SU and Newly diagnosed diabetic with very high level of PPG, rich carbohydrate diet and sedentary lifestyle. Active participation of the partakers led for sharing professional experience and ideas which helped them to gather apt information related to management of Diabetes.



Faculty Delivering the Lecture



Participant Listening the Lecture



Felicitating the Faculty



Discussion with participant