



CONTINUING  
MEDICAL  
EDUCATION

# DIA LEAGUE

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26<sup>th</sup> November, Bhubaneshwar, India

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# DIA LEAGUE

## "DIA LEAGUE":

"The Dia League CME was held at Bhubaneswar under the banner of Asian Society of Continuing Medical Education.

The CME was designed to get all the Diabetologist, Endocrinologist and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management of Diabetes. Well known Diabetologist, Endocrinologist and General Physician were invited to share their knowledge and Experience.

The Introductory speech was given by Asian Society. He emphasized the main role played by Asian Society of Continuing Medical Education and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

The CME was attended by 55 Doctors all round India.

## Date:

- 26<sup>th</sup> November 2016

## Places and Venues:

- Hotel Hindustan India, Bhubaneswar.

## Faculty:

## Moderator:

- Dr. Sambit Das

# DIA LEAGUE

## Chairpersons:

- Dr. Pitambar Prusty
- Dr. R. K. Goenka
- Dr. B. K. Mishra
- Dr. Alok Kanungo
- Dr. J. Kishore
- Dr. P. C. Mohanty

## Speaker:

- Dr. Philips Routray
- Dr. Ritesh Agarwal
- Dr. J. B. Kanuwar
- Dr. Samir Mishra
- Dr. Mahesh Agarwal
- Dr. Abhay Kumar
- Dr. R. N. Mehrotra
- Dr. M. K. Mukhopadhyay

## TOPICS—

- DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes.
- Placement of Sulphonylurea in the present scenario?
- The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia.
- The act of balancing between the newer treatment options in T2DM
  1. Yes to DPPIV Inhibitors.
  2. Yes to SGLT2 Inhibitors
- Cross Talk : Managing Diabetic patient with CV comorbid conditions
  1. Cardiologist perspective
  2. Diabetologist perspective
- Futuristic Vision in Diabetes Mellitus.

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- **Dr. Abhay Kumar Sahu** talked on DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes and covered below mention topics in detail –
  - ✓ What are incretins?
  - ✓ Gastric Inhibitory Polypeptide (GIP)
  - ✓ GLP-1 Effects in Humans
  - ✓ Dipeptidyl Peptidase-IV Antagonists , Its Safety and Efficacy
  - ✓ Glimepiride vs Vildagliptin – Asian study
  - ✓ Cardiovascular Safety
  - ✓ Most common side effects
  - ✓ Weight and DPP4 inhibitors
  - ✓ Gliptin: no weight gain
  - ✓ Cardiovascular Effects
  - ✓ Glycemic Variability
  - ✓ DPP - IV Inhibitors and CV Events
  - ✓ Merits over SGLT2 Inhibitors
- **Dr. Sambit Das** talked on Placement of Sulphonylurea in the present scenario?

## The summary of topic is –

- ✓ Insulin Secretion (Glimepiride)
- ✓ Therapeutic actions
- ✓ Attributes of sulphonylureas
- ✓ Type 2 Diabetes is a Dual Problem
- ✓ Unique Dual Mode of Action
- ✓ Acting on Both Phases of Insulin Secretion
- ✓ Glimepiride Controls Glycemia with Less Insulin Secretion
- ✓ Glimepiride : Efficacy Proven in Monotherapy
- ✓ Efficacy: Glimepiride + Gliptin Combination
- ✓ Safety: Hypoglycemia vs Glibenclamide
- ✓ University Group Diabetes Program
- ✓ Cardiovascular Safety: Ischemic Preconditioning
- ✓ Research Design and methods
- ✓ Advantages of Metformin + Sulphonylurea Combination
- ✓ SU role in management
- ✓ Special situation

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- **Dr. R. N. Mehrotra** talked on Futuristic Vision in Diabetes Mellitus, topics covered was—
  - ✓ Insulin Jet Injectors
  - ✓ Continuous Glucose Monitoring System (CGMS)
  - ✓ REAL-Time Continuous Glucose Monitoring System
  - ✓ CGM in T1DM: JDRF Sensor Trial.
- **Dr. J. B. Kanwar** talked on The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia, topics covered was –
  - ✓ Provide practical guidance on improving diabetes care through highlighting the need for a sense of urgency in treating to target
  - ✓ Earlier introduction of combination therapy
  - ✓ Consideration of patient profile
  - ✓ Use of combinations of drugs with complementary mechanisms of action Diabetes Mellitus A Constellation of Complications
  - ✓ Need for an early and intensive approach to type 2 diabetes management Pharmacotherapy in T2DM Checklist.
- **Dr. M. K. Mukhopadhyay** talked on Yes to DPP4 Inhibitor, The scientific session highlighted following topics –
  - ✓ Comparing Dpp Iv Inhibitors
  - ✓ Comparing Sglt-2 Inhibitors
  - ✓ Gliptin - Mechanism of action
  - ✓ Physiological Actions of GLP-1 and GIP
  - ✓ Comparison of DPP-4 Inhibitors
  - ✓ DPP4 Inhibitors - Efficacy

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- **Dr. Ritesh Agarwala** talked on Yes to SGLT2 Inhibitor, The scientific session highlighted following topics –
  - ✓ Unmet Needs With Conventional Antihyperglycemic Therapies
  - ✓ The Kidneys Play an Important Role in Glucose Control
  - ✓ Mechanism Of Action
  - ✓ Altered Renal Glucose Control in Diabetes
  - ✓ Highlighted Rationale for SGLT2 Inhibitors
  - ✓ What are the Effects of SGLT2 Inhibitors
- **Dr. Mahesh Agarwala** talked on Managing Diabetic patient with CV comorbid conditions – Cardiologist Perspective, The scientific session highlighted following topics –
  - ✓ Mechanisms by which Diabetes Mellitus leads to CHD.
  - ✓ Cardiac morbidities due to diabetics.
  - ✓ Metabolic Syndrome: Risk of Developing DM.
  - ✓ Diabetes Mellitus: Risk of Myocardial Infarction.
  - ✓ BP Goals in People with Diabetes.
- **Dr. Philips Routray** talked on Managing Diabetic patient with CV comorbid conditions – Diabetologist Perspective, The scientific session highlighted following topics –
  - ✓ Components Of Comprehensive Diabetes Evaluation
  - ✓ Glycemic Recommendations for Non-Pregnant Adults with Diabetes.
  - ✓ Is HbA1c Affected by Glycemic Instability?
  - ✓ Chronic hyperglycemia vs. Frequent acute glycemic variability  
Drugs used in the management

## Feedback:

Suggested topics from delegates interested for future cme -

- Thyroid Disorders
- GDM & Pregestational DM
- Practical Approach to Understand well
- GDM
- Hypertension, COPD
- Relation of Declines B-cell Functions & decline in creatine
- CME on Insulins.
- Thyroid Disorders & Complications approach.
- HTN, IHD.
- Recent Hands in Bariathir Surgen in DM.
- HTN
- Diabetic Nephropathy.



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## PHOTO'S

### Faculty Delivering the Lecture





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## Delegates Listening the Lecture and Q & A Session

