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A Workshop on New Frontiers in Diabetes

20 MAR 2016 – BHOPAL, MADHYA PRADESH

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"Dia League" was held at Sayaji Hotel, Bhopal, Madhya Pradesh. It was organized by Asian Society of Continuing Medical Education.

The sole objective of the CME was to update the practicing doctors about Diabetes mellitus, level of morbidity and mortality due to diabetes and its associated spectrum of complications and diabetes management as the disease is now highly visible across all societies within India.

The session was open with an introductory session by Asian Society of continuing Medical Education and followed by the scientific agenda.

Date : 20th Feb 2016.
Venue : Sayaji Hotel, Bhopal, Madhya Pradesh
Total Participants : 54

TOPICS :

- 1. The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia**
- 2. DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes**
- 3. A futuristic vision of diabetes management. Case study of recurrent Hypoglycaemia**
- 4. Placement of Sulphonylurea in the present scenario?**
- 5. The act of Balancing between the newer treatment options in T2DM**
 - Yes to DPPIV Inhibitors
 - Yes to SGLT2 Inhibitors
- 6. Cross Talk : Managing Diabetic patient with CV comorbid conditions**
 - Cardiologist perspective
 - Diabetologist perspective

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MODERATOR, CHAIRPERSONS AND FACULTIES



Dr. Sanjeev Gulati
MBBS, M.D. DMRE, DFID

**Consultant Physician at
Diabetes Centre.
Director & Owner Sarvottam
Hospital Bhopal**



Dr. Subodh Banzal
MBBS, M.D.DM (Endo)

**Professor Medicine
Endocrinology, Sri Aurobindo
Institute of Medical Sciences
(SAIMS)**



Dr. Shailendra Dubey
MBBS MD

**Consultant Physician and
Diabetologist, Bhopal**



Dr. Nitin Sahu
MBBS MD DIFD

**Senior Consulting Physician at
Indore**



Dr. Harish Manglani
MBBS MD

**Consultant Physician,
practicing in Indore**



Dr. Rajesh Kumar Marya
MBBS MD, FIAMS

**Consultant Internal Medicine
Diabetologist & Cardiologist
at Marya Clinic, New Delhi.**



Dr. Vijay Pagare
MBBS, MD

**Consultant Physician and
Diabetologist, Bhopal**



Dr. Navneet Shah
MBBS, MD

**Physician & Diabetologist,
Ahmedabad**



Dr. Sushil Jindal
MBBS, MD, DM (Endo)

**Consultant Endocrinologist
and Diabetologist at Jindal
Diabetes and Hormone Centre
in Bhopal**



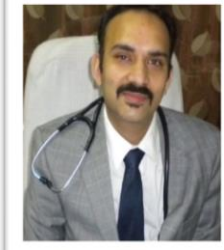
Dr. Arvind Gupta
MBBS, MD, FICP

**Director and Consultant
Physician at Jaipur Diabetes
Research Centre in Jaipur**



Dr. RK Singh
MBBS MD DM (Cardio)

**Head and Senior Consultant
Cardiologist, Dept of Cardio
Chirayu Hospital, Bhopal**



Dr. Y P Munjal
MBBS, MD (Med)

**Consultant Endocrinologist at
ASIAN hospital, Faridabad
and Paras hospital, Gurgaon**

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1. Dr. Sunil Ambulkar discussed about **The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia.** The scientific session was deliberated on:

- Decision point: Which of the options would you choose for this patient?
- Diabetes Remission after Intensive Insulin Therapy in New Onset T2DM.
- Insulin and its Barriers...
- Early combination therapy for the treatment of type 2 DM: Systematic Review and Meta analysis.
- Initial Management of severe Hyperglycemia in patients with Type 2 Diabetes: An Observational Study.
- The ideal components for combination therapy?
- Need for an early and combination approach to type 2 diabetes management

2. Dr. Subodh Banzal talked about **DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes.** The informative session was highlighted upon: -

- Decreased Insulin, Elevated Glucagon, and Hyperglycemia in Type 2 Diabetes.
- Reduced Incretin Effect in Type 2 Diabetic Patients
- Type 2 Diabetes is a Global Cardio-metabolic Risk (CMR)
- DPP4 inhibitors (gliptins) is hypoglycemic class that inhibiting the action of DPP4
- DPP4 inhibitors drugs.
- Efficacy as Monotherapy compared to Metformin comparable efficacy at 2 yrs.

3. Dr. Nitin Sahu discussed about **A futurestic vision of diabetes mngnt. Case study of recurrent hypoglycaemia.** The scientific session was based on: -

- Inhaled insulin.
- Afrezza (Technosphere insulin).
- Rapid absorption of Technosphere insulin.
- Insulin Jet Injectors
- Continuous Glucose Monitoring System (CGMS)
- REAL-Time Continuous
- Glucose Monitoring System.

4. Dr. Rajesh K Marya discussed about **Placement of Sulphonylurea in the present scenario?** The scientific talk was deliberated on: -

- Insulin Secretion (Glimepiride).
- Therapeutic actions
- Attributes of sulfonylureas
- IDF Global Guideline for Type 2 Diabetes.
- ADA and EASD algorithm for the management of type 2 diabetes.
- Type 2 Diabetes is a Dual Problem

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5. **Dr. Navneet Shah and Dr Vijay Pagare** talked about The act of balancing between the newer treatment options in T2DM. The scientific session highlighted following: -

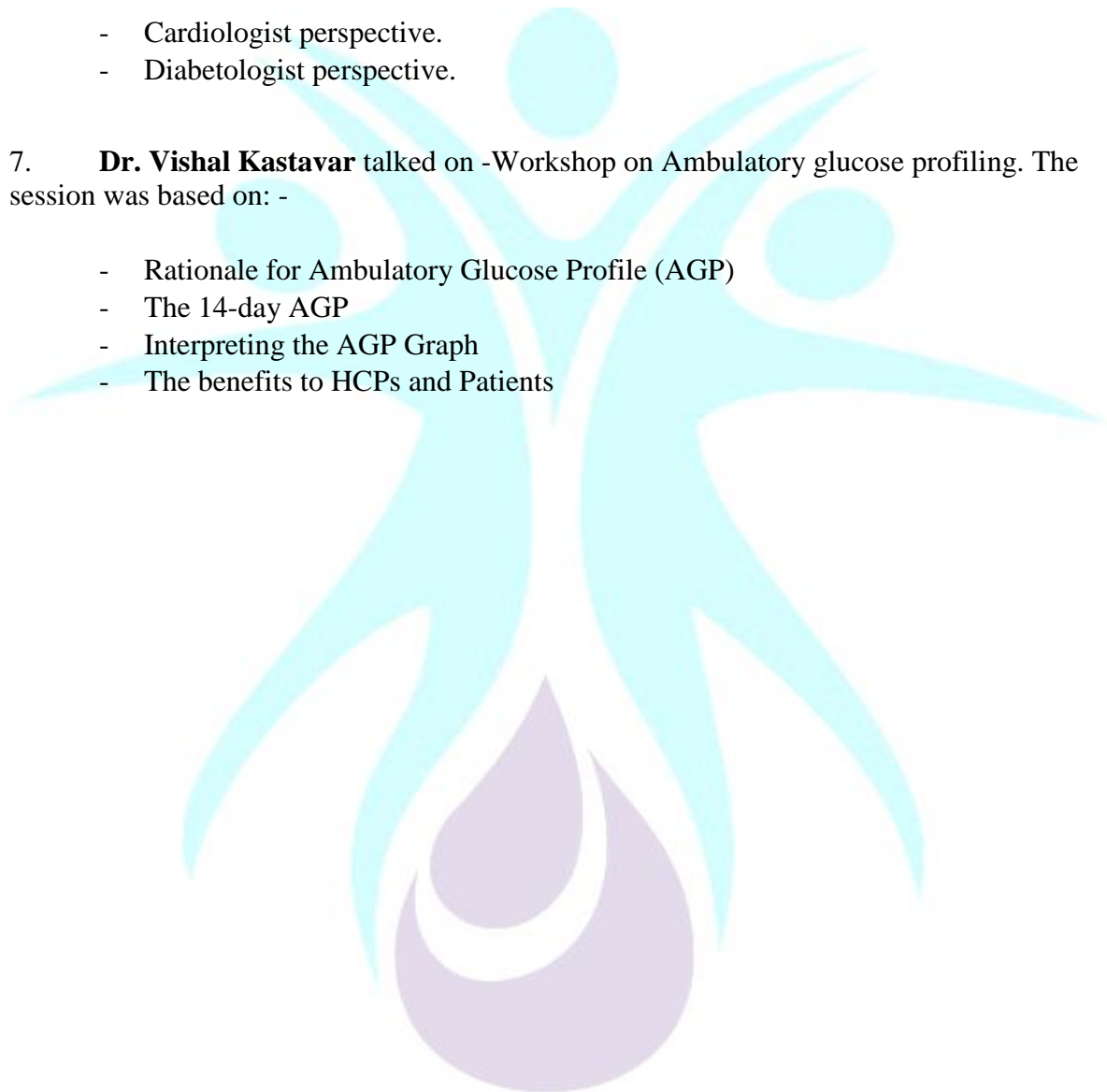
- Yes to Dpp 4 inhibitors
- Yes to SGLT2

6. **Dr. Arvind Gupta and Dr. Nitin Sahu had** - Cross Talk on Managing Diabetic patient with Cardio Vascular morbid conditions.

- Cardiologist perspective.
- Diabetologist perspective.

7. **Dr. Vishal Kastavar** talked on -Workshop on Ambulatory glucose profiling. The session was based on: -

- Rationale for Ambulatory Glucose Profile (AGP)
- The 14-day AGP
- Interpreting the AGP Graph
- The benefits to HCPs and Patients



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SNAPSHOTS

