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A Workshop on New Frontiers in Diabetes

10 April 2016, ITC Windsor, Bengaluru.

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"Dia League was held at ITC Windsor, Bengaluru 25, Windsor Square, Golf Course Road, Bengaluru 560 052, Karnataka, India . It was organized by of Asian Society of Continuing Medical Education.

The sole objective of the CME was to update the practicing doctors about Diabetes mellitus, level of morbidity and mortality due to diabetes and its associated spectrum of complications and diabetes management as the disease is now highly visible across all societies within India.

The session was open with an introductory session by Asian Society of continuing Medical Education and followed by the scientific agenda.

Date : 10 April 2016

Venue : ITC Windsor, Bengaluru 25, Windsor Square, Golf Course Road, Bengaluru 560 052, Karnataka, India.

Total Participants : 81

TOPICS :

1. **DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes**
2. **Placement of Sulphonylurea in the present scenario?**
3. **Case study – T2DM with recurrent hypoglycaemia**
4. **The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia**
5. **The act of Balancing between the newer treatment options in T2DM**
 - **Yes to DPPIV Inhibitors**
 - **Yes to SGLT2 Inhibitors**
6. **Cross Talk : Managing Diabetic patient with CV comorbid conditions**
 - **Cardiologist perspective**
 - **Diabetologist perspective**
 - **AGP Workshop**

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MODERATOR, CHAIRPERSONS AND FACULTIES



Dr. K. M. Prasanna Kumar
MBBS,MD, DM



Dr. Somashekara Reddy KS
MBBS, MD, DM
(Endocrinology)



Prof. Shankar Kumar
M.D. (Medicine), Dip MSc
(Endo)-UK



Dr. Manjunath G Anakal
MBBS,MD, DM (Endocrinology)



Dr . G. Chandrasekhara Reddy
MBBS, MD, DM (Endocrinology)



Dr. Pramila Kalra
MBBS, MD (Med), DM
(Endocrinology)



Dr. Anish Behl
MBBS, MD (Medicine), DM
(Endocrinology)



Dr. Rajeev Garg
MD (Medicine); Dip. Card
(NIMS),DNB (Cardiology),
MNAMS.



DR. S. T. Yavagal
MBBS, MD (Med), DM
(Cardiology)

1. Dr. Shankar Kumar V discussed about **The role of combination therapies in early, Intensive management of newly diagnosed Type 2 Diabetes with marked glycaemia.** The scientific talk was deliberated on: -

- Provide practical guidance on improving diabetes care through highlighting the need for
- a sense of urgency in treating to target
- earlier introduction of combination therapy
- consideration of patient profile
- use of combinations of drugs with complementary mechanisms of action
- Diabetes Mellitus A Constellation of Complications
- Need for an early and intensive approach to type 2 diabetes management
- Pharmacotherapy in T2DM Checklist

2. Dr.Sayed Javaz discussed about **A Futuristic Vision In Diabetes Management** The scientific session was based on: -

- Insulin Jet Injectors
- Continuous Glucose Monitoring System (CGMS)
- REAL-Time Continuous Glucose Monitoring System
- CGM in T1DM:JDRF Sensor Trial.

3. Dr. K.M.Suryananaryana discussed about **DPP-4 Inhibitors: Have we optimized their role in the treatment of patients with Type 2 Diabetes.** The scientific session was deliberated on:

- What are the Pathogenesis -Type 2 DM The ominous octet
- Development and Progression of Type 2 Diabetes
- The evolving concept in Diabetes management
- Challenges in treatment of T2DM

4. Dr. Manjunath G Anakal talked about **Placement of Sulphonylurea in the present scenario?** The informative session was highlighted upon: -

- What are the Drugs in this class
- Attributes of sulfonylureas
- IDF Global Guideline for Type 2 Diabetes
- Type 2 Diabetes is a Dual Problem
- Acting on Both Phases of Insulin Secretion
- Glimepiride : Efficacy Proven in Monotherapy

5. Dr. Anish Bhel talked about **YES to DPP4 Inhibitors.** The scientific session highlighted following: -

- Comparing Dpp Iv Inhibitors
- Comparing Sglt-2 Inhibitors

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- Gliptin - Mechanism of action
- Physiological Actions of GLP-1 and GIP
- Comparison of DPP-4 Inhibitors
- DPP4 Inhibitors - Efficacy

6. Dr.Pramila Kalra discussed about **YES to SGLT2 Inhibitors**

- Unmet Needs With Conventional Antihyperglycemic Therapies
- The Kidneys Play an Important Role in Glucose Control
- Mechanism Of Action
- Altered Renal Glucose Control in Diabetes
- Highlighted Rationale for SGLT2 Inhibitors
- What are the Effects of SGLT2 Inhibitors

7. Dr. Rajeev Garg talked about **Cardiologist perspective**. The scientific session highlighted following: -

- Mechanisms by which Diabetes Mellitus leads to CHD
- Cardiac morbidities due to diabetics
- Metabolic Syndrome: Risk of Developing DM
- Diabetes Mellitus: Risk of Myocardial Infarction
- BP Goals in People with Diabetes

8. Dr. K M Prasannakumar discussed on **Diabetologist Perspective**. The scientific session highlighted following: -

- Components Of Comprehensive Diabetes Evaluation
- Glycemic Recommendations for Non-Pregnant Adults with Diabetes (1)
- Is HbA1c Affected by Glycemic Instability?
- Chronic hyperglycemia vs. Frequent acute glycemic variability
- Drugs used in the management

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SNAP SHOTS



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