

Under the Auspices of



AMERICAN SOCIETY OF  
HYPERTENSION



EUROPEAN SOCIETY OF  
HYPERTENSION



## 3rd India Risk Factor Symposium

October 3<sup>rd</sup>-4<sup>th</sup>, 2015 Grand Hyatt, Goa, India

### FACULTY

- ▲ Sanjay Rajagopalan, M.B.B.S, FACC, FAHA  
University of Maryland, U.S.A
- ▲ Giuseppe Mancia, M.D  
University of Milano-Bicocca, Italy
- ▲ Vivian A. Fonseca, MD, FRCP  
Tulane University School of Medicine, U.S.A
- ▲ Michael Blaha, M.D., M.P.H.  
Johns Hopkins University, U.S.A
- ▲ Michael J. Bloch, MD  
University of Nevada School of Medicine, U.S.A
- ▲ Eric Peterson, MD.  
Duke University, Durham, USA
- ▲ Shashank R Joshi, MD, DM, FICP, FACP(USA),  
FACE(USA), FRCP(Glsg & Edin)  
Joshi Clinic, Lilavati & Bhatia Hospital, Mumbai
- ▲ Shireesh Sathe M.D, D.M  
D M Hospital and Research Centre, Pune
- ▲ Rajeeve Rajput, M.D, D.M  
Apollo Hospital New Delhi, India





# India RISK FACTOR Symposium

Goa, India. October 3, 2015

## SCIENTIFIC PROGRAM - DAY 1

Time	Session	Speaker
9:00 AM - 9.25AM	Introduction and Welcome	<i>Dr. Sanjay Rajagopalan</i>

### **Cutting Edge: Approach To The High Risk Patient Evidence From Recent Large Scale Trials**

Moderators: Sanjay Rajagopalan, Shashank Joshi

Time	Session	Speaker
9.25 AM - 9.45 AM	Risk Assessment in Atherosclerosis and Diabetes (all diabetics are not created equal): A Practical Update for the Practitioner in India	<i>Michael Blaha</i>
9.45 AM - 10.05 AM	What Does IMPROVE-IT mean for the LDL hypothesis and Managing Risk in India	<i>Michael Bloch</i>
10.05 AM -10.25 AM	Understanding the Metabolic Syndrome Epidemic in India and a Practical Guidance for Management	<i>Michael Blaha</i>
10.25 AM - 10.45 AM	Coffee Break	
10.45 AM -11.05 AM	Treating Diabetic Dyslipidemia: Aligning Practice with Evidence	<i>Vivian Fonseca</i>
11.05 AM -11.35 AM	Round Table Discussion: Cholesterol Guidelines: Recent Developments and Discussion of NLA, Asian and AHA/ACC Guidelines	Lead Facilitator: <i>Sanjay Rajagopalan</i> Faculty: <i>Michael Blaha, Vivian A. Fonseca, Michael Bloch, Shashank Joshi, Shireesh Sathe</i>
11.35 AM -12.35 PM	Lunch Break	



## India RISK FACTOR Symposium

Goa, India. October 3, 2015

### SCIENTIFIC PROGRAM - DAY 1

#### Current Controversies In Type 2 Diabetes

Moderator: Professor Vivian Fonseca, Rajeeve Rajput

Time	Session	Speaker
12.35 PM - 12.55 PM	Glycemic and Non Glycemic Targets in Indian Diabetics	<i>Shashank R Joshi</i>
12.55 PM - 1.15 PM	What next after Metformin in therapy of Indian type 2 diabetes? Is an Incretin Agent the Best Choice?	<i>Vivian Fonseca</i>
1.15 PM -1.35 PM	TECOS, EXAMINE AND SAVOR: An in-depth Perspective	<i>Eric Peterson</i>
1.35 PM -2.00 PM	Round Table Discussion: Incretin Based Therapy vs. SGLT-2 Inhibitors Should They Be Recommended Earlier in Guidelines	Lead Facilitator: <i>Vivian A. Fonseca</i> Faculty: <i>Eric Peterson,</i> <i>Sanjay Rajagopalan</i> <i>Shashank Joshi</i> <i>Rajeeve Rajput</i>



## India RISK FACTOR Symposium

Goa, India. October 4, 2015

### SCIENTIFIC PROGRAM - DAY 2

Time	Session	Speaker
8:00 AM - 8:05 AM	Welcome Remarks	<i>Giuseppe Mancia, MD</i>

#### Targeting The High Risk Type 2 Diabetic: Recent Insights

Moderator: Professor Giuseppe Mancia and Shireesh Sathe

Time	Session	Speaker
8.05 AM - 8.25 AM	New threshold and target blood pressures in the Diabetic: Recent Evidence	<i>Giuseppe Mancia</i>
8.25 AM - 8.45 AM	Glycemia Lowering Trials and CVD: What Have We Learned in 2015 From a Risk Mitigation Perspective	<i>Vivian Fonseca</i>
8.45 AM - 9.05 AM	Contemporary Approach to Obesity Management in Metabolic Syndrome	<i>Michael Bloch</i>
9.05 AM - 9.25 AM	Coffee Break	

#### MINISYMPOSIUM ON PRACTICAL ISSUES FACING THE PRACTITIONER IN THE DIABETIC HYPERTENSIVE

Moderator: Professor Giuseppe Mancia and Rajeeve Rajput

9.25 AM - 9.45 AM	Managing Hypertension in the Uncomplicated Diabetic: What Do I do.	<i>Giuseppe Mancia</i>
9.45 AM - 10.05 AM	Managing the Diabetic with Coronary Artery Disease and Stroke: What We Need to Know	<i>Michael Bloch</i>
10.05 AM - 10.25 AM	Management of the Hypertensive Diabetic with Heart Failure: What the Guidelines do not Tell us	<i>Sanjay Rajagopalan</i>
10.25 AM - 10.45 AM	Refreshment Break	



## India RISK FACTOR Symposium

Goa, India. October 4, 2015

### SCIENTIFIC PROGRAM - DAY 2

#### MINISYMPOSIUM ON HYPERTENSION

Moderators: Professor Michael Bloch and Rajeeve Rajput

Time	Session	Speaker
10.45 AM - 11.00 AM	Resistant Hypertension: Pitfalls in Diagnosis and Therapy	<i>Shireesh Sathe</i>
11.00 AM - 11.15 AM	Contemporary Approach to Evaluation of Secondary Cause in Resistant and Primary Hypertension	<i>Michael Bloch</i>
11.15 AM - 11.30 AM	Home Blood Pressure Monitoring	<i>Giuseppe Mancia</i>
11.30 AM - 12.00 PM	Illustrative Cases and Discussion	Lead Facilitator: <i>Sanjay Rajagopalan</i> Faculty: <i>Michael Bloch</i> <i>Giuseppe Mancia</i> <i>Shireesh Sathe</i> <i>Rajeeve Rajput</i>
12.00 PM - 12.30 PM	Closing Remarks	

Credit hours awaited from Goa Medical Council





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ASIAN SOCIETY OF CONTINUING  
MEDICAL EDUCATION