

JULY, 24TH 2016- HHI, KOLKATA, INDIA



INSIGHT - 2016

Connect with the EXPERTS

“Insight - 2016”

"Insight- Connect with the Experts was held at Hotel HHI, Kolkata. It was organized by Asian Society of Continuing Medical Education.

The sole objective of the CME was to update the General Practitioners about GERD, Palpitation, role of Cholecalciferol in Low Back Pain and Medical Issue in Clinical Practice.

Date: 24th July 2016

Venue: HHI Kolkata

Total Participants: 94

Speakers:



Dr. Mahesh Kumar Goenka
MBBS, MD, DM-Gastroenterology
FACG, FASGE, AGAF
Kolkata



Dr. Adrija Rahman Mukherjee
MRCP (UK), MRCGP (UK), DRCOG (UK),
DFFP (UK)
Kolkata



Dr. Santosh Kumar
MBBS (JIPMER), D.ORTH (JIPMER),
MCh. ORTH (SCYCHELLS)
Kolkata



Dr. Krishnendu Mukherjee
MS, FRCS (UK), FRCS (Edin.)
Vascular Surgery, General Surgery and
Minimal Invasive Surgery
Kolkata

Topics:

1. GERD – The Common Problem: How to Tackle
2. Palpitation: How To Approach
3. Role of Cholecalciferol In Low Back Pain
4. Medico – legal issues in a General Practitioner practice

Dr. Mahesh Kumar Goenka – delivered a lecture on “GERD – The Common Problem: How to Tackle”

After a brief intro he directly started with the different types of cases seen in practice. The cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding the differential diagnosis, investigations and treatment. It was a very interactive session and the delegates thoroughly enjoyed it.

Summary of his talk –

- a) Mechanisms of reflux in GERD patients
 - Hypotensive LES.
 - Transient LES relaxations (TLESRs).
 - Swallow- induced LES relaxations.
- b) He talked on Esophageal Syndromes and Extraesophageal Syndromes in GERD.
 - GERD: Medical Treatment.
 - Life style modifications.
 - Acid suppression.
 - Prokinetics.
 - Mechanical methods.
- c) Topic explained in details –
 - Barrett’s esophagus.
 - Chromoendoscopy.
 - FICE: Esophagus.
 - Endomicroscopy: Endoscopist and Endopathologist.

d) Medical Treatment Of GERD : Future -

- “GABA” inhibitors
- “No” modulators
- Free radical scavengers.
- Growth factor modulation.
- Cox - 2 inhibitors.

Dr. Adrija Rahman Mukherjee – gave a lecture on “Palpitation: How to Approach”

After a brief intro she directly started with the different types of cases seen in practice. The cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding the differential diagnosis, investigations and treatment. It was a very interactive session and the delegates thoroughly enjoyed it.

Summary of talk –

Dr. Adrija Rahman Mukherjee talked in details on various topics and its Managements –

- Sinus tachycardia.
- Supraventricular tachycardia
- Atrial fibrillation.
- Identifying possible underlying cause of Palpitation.
- Wolff Parkinson White Syndrome
- Ventricular tachycardia

She also talked on –

- Rate control vs Rhythm control.
- CHA₂DS₂VAS score.
- Anticoagulants and Newer anticoagulants.

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Dr. Santosh Kumar – gave a lecture on “Role of Cholecalciferol in Low Back Pain”

- Summary of Talk (Topics covered) –
- Vitamin D: An Overview.
- Vitamin D cycle in body.
- Vitamin D deficiency.
- What Causes Vitamin D Deficiency?
- How Vitamin D Deficiency is diagnosed?
- Management of Vitamin D Deficiency.
- Vitamin D & Bone health.
- Vitamin D and Muscular pain.
- Vitamin D and RA (Rheumatic Arthritis).
- Low Back Pain With or Without Vitamin D Deficiency.
- Pharmacotherapy Options for LB P.

Dr. Krishnendu Mukherjee– gave a lecture on “Medico – Legal issues in a General Practitioners practice” –

Summary of Dr. Krishnendu Mukherjee talked -

- Proper documentation, recommended
- Follow standard protocols
- Manage the complications as per standardized recommendation
- Keep contents of emergency kit at hand
- Oxygen cylinder must
- Laryngoscope, ambu bag must
- In mishap police information best option
- Call colleagues for help
- Mishaps part and parcel of our practice. Let us accept it and face it.

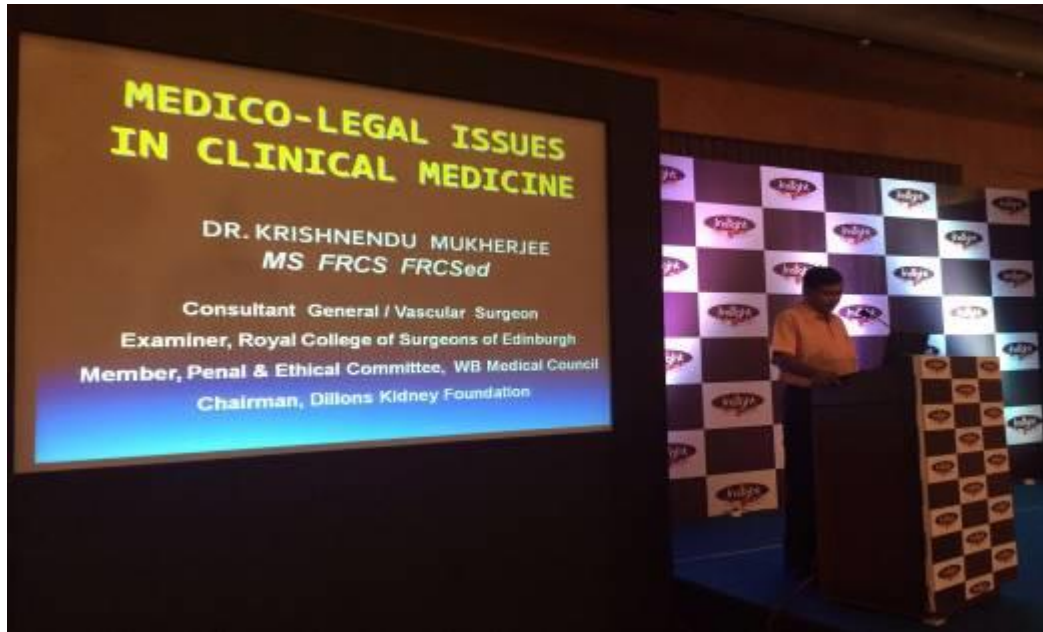
Feedback from Participants:

- Continue the good work
- Would like to attend more CMEs
- Topics were informative
- Case Studies presented were descriptive

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PHOTOS OF THE EVENT



Faculty Delivering the Lecture



Participants Listening the Lecture

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