

# “Know Pain Summit”

Recent Updates on Pain Management

Know Pain Summit Event Report

## Why was Know Pain Summit needed?

“Specialist pain management in India is at a nascent stage. The first point of care for a patient suffering from pain is the primary care physician. There is an unmet medical need of primary care physicians to be adequately trained in diagnosing and managing pain.

There is a necessity to understand the unmet medical need at a PCP (Primary Care Physician) level in pain management and facilitate enhancement of their knowledge to treat patients better and improve patient outcomes.

Hence we conducted a CME titled “**Know Pain Summit**” for PCP (Primary Care Physician) pan India.

## Program Structure

Know Pain Summit

Cascade Meeting

“Cascade Meeting”

Cascade meeting was conducted across key metros by trained speakers rolled out from the FAB Meeting

## Eligibility Criteria

- Primary Care Physician
- Orthopedics
- Rheumatologist

## Asian Society of CME

The Know pain summit was held at 37 places in all over India under the banner of Asian Society of Continuing Medical Education.

## Contents for Know Pain Summit

### Lectures

- General pain/ Basics of pain
- Acute Pain
- Chronic Pain
- Neck and Back Pain

### Lectures

- Pharmacology of pain
- Cancer Pain
- Neuropathic Pain
- Headache

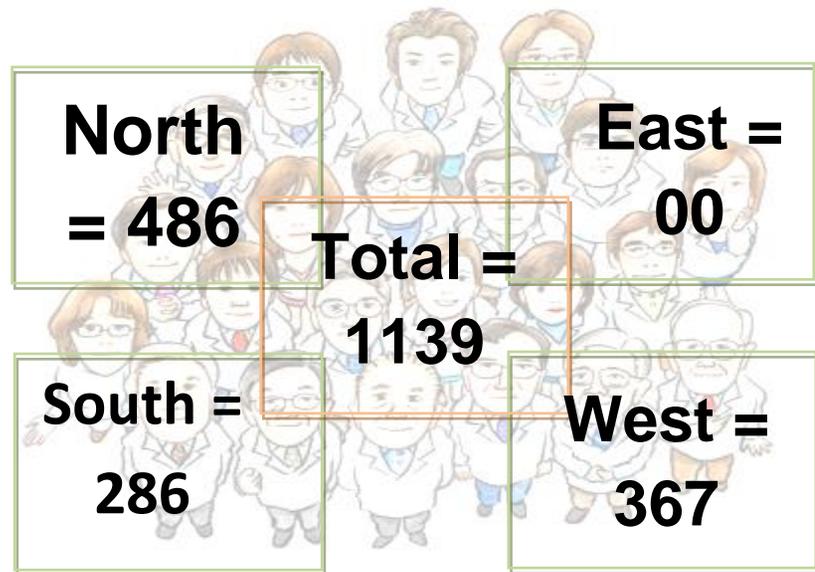
### Clinical Cases

- Different types of cases were explained to the audience and the whole case was open for discussion

## Location



## Number of HCPs



## Feedback Questionnaire

- Q1. Topics covered were relevant and informative
- Q2. There was sufficient opportunity for interactive participation
- Q3. Information provided will be useful for my clinical practice
- Q4. Faculty shared information clearly
- Q5. Format of delivery of information [lecture, articles, workshops, etc.] was relevant
- Q6. The event added to my conceptual understanding of the subject
- Q7. This initiative addressed my educational need(s) for science behind Nutrition
- Q8. Asian Society's educational initiatives are in right earnest and value Adding

## Know Pain Summit Feedback

Tick Mark the relevant (Rating is SA=Strongly Agree, A=Agree, D=Disagree, SD=Strongly Disagree)

Topics	SA	A	D	SD
Topics covered were relevant and informative	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There was sufficient opportunity for interactive participation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Information provided will be useful for my clinical practice	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Faculty shared information clearly	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Format of delivery of information (lectures, articles, workshops etc) was relevant	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The event added to my conceptual understanding on the subject	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
This initiative addressed my educational need(s) for science behind nutrition	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Academy's educational initiative are in right earnest and value adding	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall Rating of the Workshop: 1  2  3  4  5   
Lowest → Best

Event Type: PMT  
Speaker Name(s): Dr. Shella Elvoss  
Dr. Ashish Bawddkar  
Dr. Sarvesh Kadam

Any Other topics related to nutrition that you are interested in:  
*Combating Malnutrition at a public*

Any Other comments:  
*Disks for Malnutrition*

Participating Doctor: *D. V. Bangale, G. Chandella*  
Specialty: *Public Health*  
Hospital/Clinic name: *...*

Rating	SA (%)	A (%)	D (%)	SD (%)
A	65%	30%	5%	0%
B	45%	45%	10%	0%
C	55%	35%	10%	0%
D	70%	25%	5%	0%
E	45%	45%	10%	0%
F	45%	45%	10%	0%
G	35%	55%	10%	0%
H	45%	45%	10%	0%

## Future CME Recommended by the Participants

- Arthritis, Neuropathy, Disability & rehabilitation
- Arthroplasty
- Interventional Pain Management workshops.
- Some Hands on Procedure if Possible
- Never Drug Delivery Systems for Pain Management.

## CME Accreditation

The Asian Society of Continuing Medical Education was successful in getting CME accreditation for the Know Pain Summit from State Medical Council of Andhra Pradesh and Maharashtra.

### Action



### Result



## Know Pain Summit Calendar

West Zone		
Zone	Venue	Date
West	Indore	11th July 2015
West	Mumbai	30th Oct 2015
West	Mumbai	04th Feb 2016
West	Mumbai	04th Feb 2015
West	Mumbai	12th & 13th March 2016
West	Mumbai	04th Feb 2016
West	Mumbai	30th Oct 2016
West	Nagpur	12th March 2016
West	Nagpur	12th March 2016
West	Mumbai	14th April 2016
West	Pune	06th May 2016

North Zone		
Zone	Venue	Date
North	Moga	04th Nov 2015
North	Hisar	07th Nov 2015
North	New Delhi	19th - 21st Feb 2016
North	Agra	19th Feb 2016
North	Agra	23rd Feb 2016
North	New Delhi	19th - 21st Feb 2016
North	Kota	19th March 2016
North	Jaipur	19th March 2016
North	Bhatinda	21st March 2016
North	Kota	19th March 2016
North	Kota	19th March 2016
North	Jaipur	19th March 2016
North	Bhatinda	21st March 2016
North	Jaunpur	10th April 2016
North	New Delhi	24th April 2016
North	Jodhpur	09th April 2016
North	Ratlam	23rd March 2016
North	New Delhi	18 to 21 Feb 2016
North	New Delhi	24th April 2016

South Zone		
Zone	Venue	Date
South	Visakhapatnam	31st Oct 2015
South	Davengere	19th March 2016
South	Rasipuram	29th March 2016
South	Tirupur	31st March 2016
South	Sawai Madhopur	05th May 2016

# Know Pain Summit – Cascade Meeting Summary

## North Region

Know pain Summit was conducted in the Northern region at 19 Places i.e. New Delhi, Agra, Kota, Jodhpur, Jaipur etc. It was aimed to bring together the well-known Primary care Physicians, orthopedics and Rheumatologists across India in order to discuss various clinical aspects on Pain management. In this CME, Treatment guidelines were established by Pain management experts and community practitioners. Also, Different types of pain and its management and Pharmacology were discussed in this event. Clinical cases discussed here had offered the partakers to gather new information related to practical applications in management of Pain.

Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.



Faculty and Participant discussion



Faculty delivering the lecture



Delegate Listening the Lecture

## South Region

Know pain Summit were organized in the Southern region at 05 Places i.e. Visakhapatnam, Davengere, Rasipuram, Tirupur, Sawai Madhopur respectively which invited renowned Primary care Physicians, orthopedics and Rheumatologists across India to share their knowledge about several practical and clinical issues related to management of Pain. In this CME program, lectures and Debate were included which were based on Different types of pain and its management with Pharmacology of pain. Towards the end of the program participants shared their feedback, concerns and suggested topics for future programs. CME credits were awarded to the participants by Andhra Pradesh Medical Council.



Faculty delivering the lecture



Faculty and Participant discussion



Delegate Listening the Lecture

## West Region

Know pain Summit in the Western region were conducted 11 Places i.e. Nagpur, Aurangabad, Pune, Indore etc. that invited well-known Primary care Physicians, orthopedics and Rheumatologists across India to discuss on several essential aspects of Pain. This event included of lectures, workshops and discussion of clinical cases delivered by experienced faculties. Treatment guidelines were established by Pain Specialist experts and community practitioners. Clinical cases of different types of pain were discussed. Active participation of the partakers led for sharing professional experience and ideas which helped them to gather apt information related to management of Pain.



Faculty Delivering the Lecture



Delegate Listening the Lecture



SNAPSHOTS