



“Diabetic Foot Education Program” (DFEP)

Why was DFEP needed?

Over 190 million people in the world suffer from diabetes. Many people with diabetes lose the feeling in their feet and may not be aware of skin injuries developing into infected ulcers. Left untreated, the infection spreads, leading to gangrene which requires amputation.

40-70% of all lower limb amputations in the world are related to diabetes. 85% of all diabetes related foot/leg amputations begin with a foot ulcer.

Walking barefoot or wearing unsuitable shoes are common causes of foot ulcers in developing countries.

In India, 32 million people have diabetes. Rough estimates indicate 40,000 lower limb amputations per year, most of them due to diabetes.

Hence we conducted a CME titled **“Diabetic Foot Education Program” (DFEP)** for Diabetologists and practicing physicians pan India.

Program Structure

DFEP



DFEP Meeting

“DFEP Meeting”

DFEP meeting was conducted across key metros by trained speakers and KOL`s

Eligibility Criteria

- **Consultant Physician**
- **Diabetologists**

Asian Society of CME

The DFEP was held at 16 places in all over India under the banner of Asian Society of Continuing Medical Education.

Contents for DFEP

Lectures

- Introduction & Scope of Training.
- DFEP India 2014-2015: Revisiting What Have We Learnt So Far.
- Identification & Assessment of High –Risk Diabetic Foot (Slides).
- Demonstration of Diagnostic Kit –Monofilament, Biothesio meter Etc.
- Prevention of Diabetic Foot Ulcer.
- Let's Understand Podiatry Kit (Slides).
- Callus & Its Consequences & Management (Slides & Video).
- Live Case Demo & Practice On Callus Cutting (Group Activities).
- Nail Trimming & Care In Diabetes (Slides & Video).

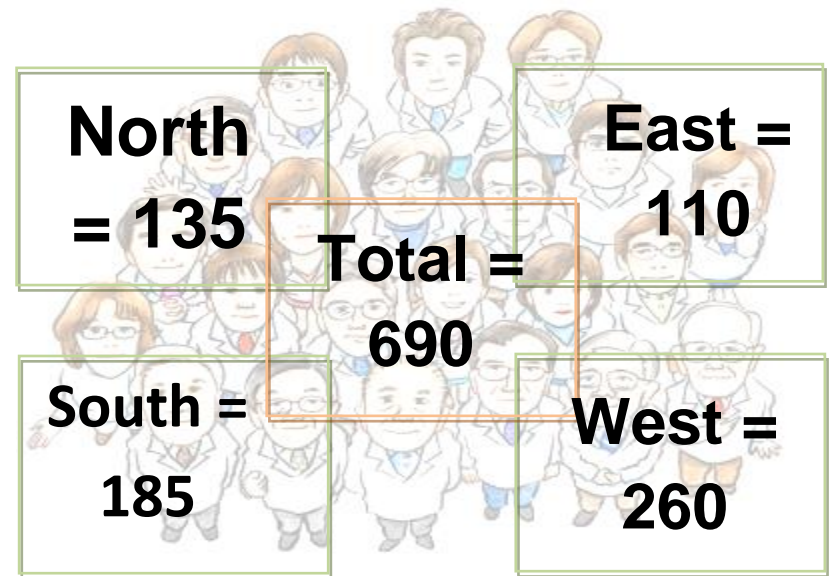
Lectures

- Assessment & Management Of DFU Wound,
 - a) Slides & Video
 - b) Live Cases With Dressing Kit For Group Activities
- Offloading (Slides)
- Demonstration of Shoe Kit.
- DF With PVD (Slides & Video)
- How To Provide Effective & Impacting Diabetic Foot Education 20 Best Practices In Pictures
- How to Set Up Diabetic Foot Care Clinic?
- Live Case Demo On Nail Cutting (Group Activities).
- Management Of DFU (Slides & Video)

Location



Number of HCPs



Feedback Questionnaire

- Q1. Topics covered were relevant and informative
- Q2. There was sufficient opportunity for interactive participation
- Q3. Information provided will be useful for my clinical practice
- Q4. Faculty shared information clearly
- Q5. Format of delivery of information [lecture, articles, workshops, etc.] was relevant
- Q6. The event added to my conceptual understanding of the subject
- Q7. This initiative addressed my educational need(s) for science behind Nutrition
- Q8. Asian Society's educational initiatives are in right earnest and value Adding

DFEP Feedback



Future CME Recommended by the Participants

- Some Hands on Procedure if Possible
- New Drug Delivery Systems for Pain Management in Diabetic neuropathy.
- Management of Diabetic Nephropathy.
- Prevention of Diabetes.

DFEP Calendar

West Zone		
Zone	Venue	Date
West	Mumbai	24-May-15
West	Nagpur	23th Aug 2015
West	Ahmedabad	4-Oct-15
West	Pune	5th sept 2015
West	Ahmedabad	4-Oct-15
West	Mumbai	5th sept 2015

South Zone		
Zone	Venue	Date
South	Cochin	5th sept 2015
South	Vizag	20th Sept 2015
South	Vijayawada	15th Nov 2015
South	Mysore	30th Aug 2015

East Zone		
Zone	Venue	Date
North	Kolkata	8th Aug 2015
North	Bhubaneswar	5th sept 2015
North	Guwahati	06th Dec 2015

North Zone		
Zone	Venue	Date
North	Lucknow	02 nd Aug 2015
North	Delhi	10 th Nov 2015
North	Delhi	4 th Oct 2015

DFEP Meeting Summary

North Region

DFEP was conducted in the Northern region at 03 Places i.e. New Delhi, Lucknow etc. It was aimed to bring together the well-known Consulting Physicians and Diabetologist across India in order to discuss various clinical aspects on Diabetic Foot Management. In this program, Treatment guidelines were established by Endocrinologist and Diabetologist experts and community practitioners. Also, Live Cases with Dressing Kit for Group Activities and Pharmacology were discussed in this event. Live Clinical cases discussed here had offered the partakers to gather new information related to practical applications in management of Diabetic Foot Ulcer.

Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.



Faculty and Participant discussion



Faculty delivering the lecture



Delegate Listening the Lecture

South Region

DFEP were organized in the Southern region at 04 Places i.e. Vizag, Vijayawada, Cochin, Mysore respectively which invited renowned Consulting Physicians and Diabetologist across India to share their knowledge about several practical and clinical issues related to Diabetic Foot Ulcer. In this CME program, lectures, Live case study and Debate were included which were based on Management and complication of Diabetic Foot Ulcer. Towards the end of the program participants shared their feedback, concerns and suggested topics for future programs.



Faculty delivering the lecture



Faculty and Participant discussion



Delegate Listening the Lecture

West Region

DFEP in the Western region were conducted 06 Places i.e. Nagpur, Mumbai, Pune, Nagpur, Ahmedabad etc. that invited well-known Consulting Physicians and Diabetologist across India to discuss on several essential aspects of management of Diabetic foot ulcer. This program included of lectures, workshops and discussion of live clinical cases delivered by experienced faculties. Treatment guidelines were established by Diabetologist and endocrinologist experts and community practitioners. Clinical cases of different types of foot ulcer were discussed. Active participation of the partakers led for sharing professional experience and ideas which helped them to gather apt information related to diabetic foot ulcer.



Faculty Delivering the Lecture



Delegate Listening the Lecture

East Region

DFEP were organized in the Eastern region at 03 Places i.e. Kolkata, Guwahati, Bhubaneswar respectively which invited renowned Consulting Physicians and Diabetologist across India to share their knowledge about several practical and clinical issues related to Diabetic Foot Ulcer. In this CME program, lectures, Live case study and Debate were included which were based on Management and complication of Diabetic Foot Ulcer. Towards the end of the program participants shared their feedback, concerns and suggested topics for future programs.