

# TOP in Hypertension 2016

20<sup>th</sup> - 21<sup>st</sup> August 2016, Delhi, India.

"**TOP In Hypertension 2016**" was held at Delhi, India under the banner of Asian Society of Continuing Medical Education.

The CME was designed to get all the Cardiologist, Nephrologists and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management of Hypertension, CKD and its complication. Well known Cardiologist, Nephrologists and General Physician were invited to share their knowledge and Experience.

The Introductory speech was given by Asian Society. He emphasized the main role played by Asian Society of Continuing Medical Education and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

The CME was attended by 124 Doctors all round India.

Date: 20<sup>th</sup> - 21<sup>st</sup> August 2016

Venue: Delhi, India.

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## Speakers:

- Dr. C. Venkat S. Ram
- Dr. Robert Toto
- Dr. Weber
- Dr. Upendra Kaul
- Dr. Rajeev Gupta
- Dr. Rajeev Agarwal
- Dr. S. Ramkrishnan
- Dr. Ambuj Roy

## Topics:

- Linking CKD and Cardiovascular Diseases.
- HT, LVH & Cardiovascular Diseases: The Nexus.
- Angiotensin Receptor Blockade, an Enduring Therapy for Cardiovascular diseases.
- CKD: Clinical importance & implications.
- Jaipur Heart Watch Study: Lesson Learnt.
- Anti – Hypertensive Drug Therapy: Historical Milestones.
- Hypertension & CHF.
- Resistant HT: A Pragmatic Approach.
- Clinical utility & importance of combination drug therapy to achieve BP goals in the real world.
- BP control to arrest the progression of CKD.
- Secondary causes of HT.

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## Summary of TOP in Hypertension:

- The CME was conducted at Cochin, India. It was aimed to bring together the well-known Cardiologist, Nephrologists and General Physician across India in order to discuss various clinical aspects and challenges in the management of severe HT, CKD and its complications.
- In this CME, Different topics related to Hypertension and CKD such as HT, LVH & Cardiovascular Diseases: The Nexus, CKD: Clinical importance & implications, Jaipur heart watch study: Lesson learnt, Anti – Hypertensive Drug Therapy: Historical Milestones, Hypertension & CHF., BP control to arrest the progression of CKD, Angiotensin Receptor Blockade, an Enduring Therapy for Cardiovascular diseases and their complications were discussed in this event.
- Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding the management of HT, CKD and its management. It was a very interactive session and the delegates thoroughly enjoyed it.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.

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## Feedback:

- ECG Interpretation, Thyroid dysfunction.
- Role of Alcohol & Tobacco in HT.
- Anti – Hypertensive Drug Therapy: Historical Milestones.
- Angiography and CKD
- CKD and Dialysis.
- Diabetic Nephropathy.
- Diabetic Foot management.
- Hypertension & CHF.
- Acute Coronary syndrome & Hear Failure.
- Absorbable stents and their future usage in interventional cardiology.
- Arrhythmia with conduction disturbance.
- Hands on Workshop.

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## Photos

