

TOP in Hypertension 2016

25th – 26th August 2016, Cochin, India.

"**TOP In Hypertension 2016**" was held at Cochin, India under the banner of Asian Society of Continuing Medical Education.

The CME was designed to get all the Cardiologist, Nephrologists and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about the challenges in the management of Hypertension, CKD and its complication. Well known Cardiologist, Nephrologists and General Physician were invited to share their knowledge and Experience.

The Introductory speech was given by Asian Society. He emphasized the main role played by Asian Society of Continuing Medical Education and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

The CME was attended by 68 Doctors all round India.

Date: 25th – 26th August 2016

Venue: Cochin, India.

TOP in Hypertension 2016

Speakers:

- Dr. C. Venkata S. Ram
- Dr. George Koshy
- Dr. T Dinakaran
- Dr. Weber
- Dr. Robert Toto
- Dr. Venugopal
- Dr. Govindan Unni
- Dr. S. N. Narasingan
- Dr. S. S. Iyenger

Topics:

- Linking CKD and Cardiovascular Diseases.
- HT, LVH & Cardiovascular Diseases: The Nexus.
- Prevalence of CKD & HT in India.
- Angiotensin Receptor Blockade, an Enduring Therapy for Cardiovascular diseases.
- CKD: Clinical importance & implications.
- The Burden of HT from India: Challenges & Possibilities.
- Recent Landmark Trails in HT: Possible impact in clinical practice.
- Resistant HT: A Pragmatic Approach.
- Clinical utility & importance of combination drug therapy to achieve BP goals in the real world.
- Changing consideration in the choice of Diuretics.
- BP control to arrest the progression of CKD.
- Secondary causes of HT.

TOP in Hypertension 2016

Summary of TOP in Hypertension:

- The CME was conducted at Cochin, India. It was aimed to bring together the well-known Cardiologist, Nephrologists and General Physician across India in order to discuss various clinical aspects and challenges in the management of severe HT, CKD and its complications.
- In this CME, Different topics related to Hypertension and CKD such as HT, LVH & Cardiovascular Diseases: The Nexus, Prevalence of CKD & HT in India, CKD: Clinical importance & implications, The Burden of HT from India: Challenges & Possibilities, Changing consideration in the choice of Diuretics, BP control to arrest the progression of CKD, Angiotensin Receptor Blockade, an Enduring Therapy for Cardiovascular diseases and their complications were discussed in this event.
- Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding the the management of HT, CKD and its management. It was a very interactive session and the delegates thoroughly enjoyed it.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.

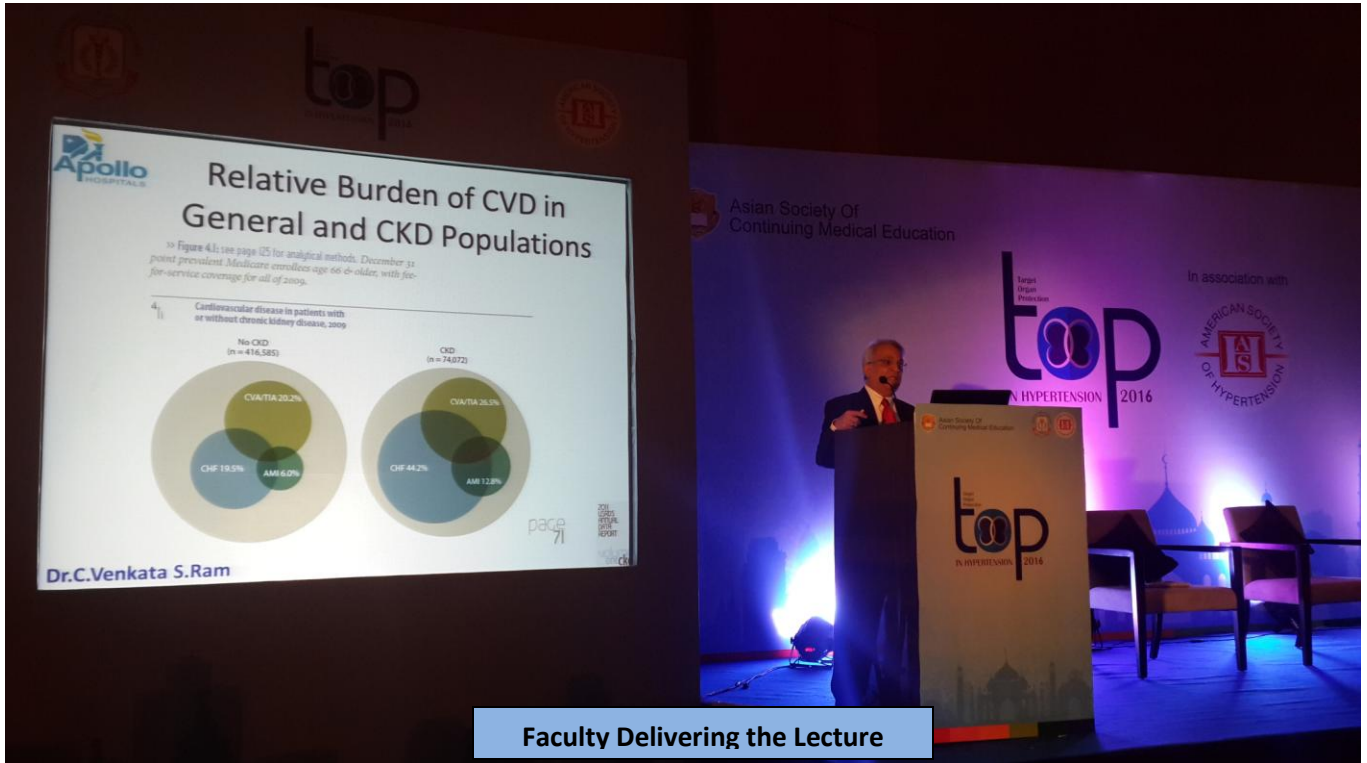
TOP in Hypertension 2016

Feedback:

- Young Hypertension & Endocrine Hypertension.
- Cardiac Rehabilitation.
- Hypertension Variability.
- Acute Coronary syndrome & Heart Failure.
- Management of arrhythmia.
- Adverse Cardiac events in poorly controlled Diabetes Mellitus & hence its primary prevention & management.
- Nephrotic Syndrome (MCD) Details of Management.
- CKD- MBD and Post Treatment Complications and Management.
- New Hypertension Guidelines and CKD.
- Hepatitis C - Treatment in Dialysis Patients.
- Cover at least one topic of Pediatric Nephrology.
- Nephrotic Syndrome (MCD) Details of Management.
- Hemodialysis.

TOP in Hypertension 2016

Photos



Faculty Delivering the Lecture

