

“Know Pain Summit”

Recent Updates on Pain Management

Know Pain Summit Event Report

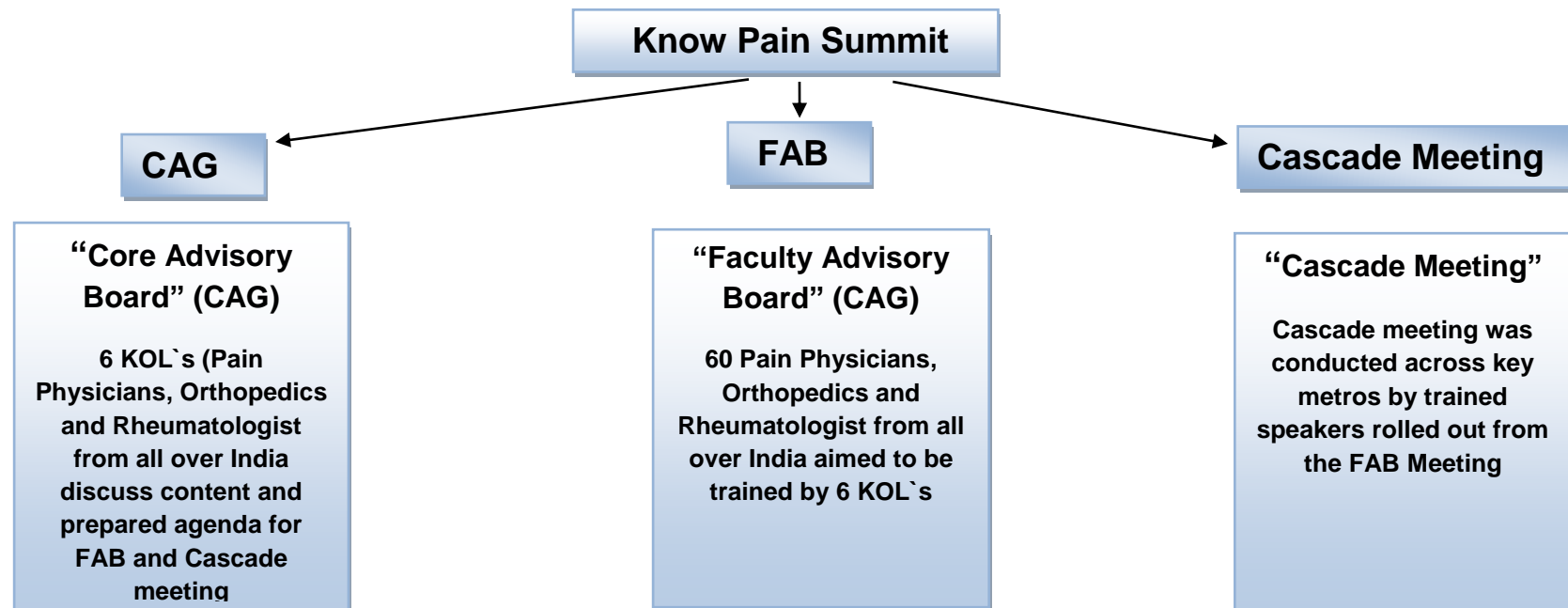
Why was Know Pain Summit needed?

“Specialist pain management in India is at a nascent stage. The first point of care for a patient suffering from pain is the primary care physician. There is an unmet medical need of primary care physicians to be adequately trained in diagnosing and managing pain.

There is a necessity to understand the unmet medical need at a PCP (Primary Care Physician) level in pain management and facilitate enhancement of their knowledge to treat patients better and improve patient outcomes.

Hence we conducted a CME titled “**Know Pain Summit**” for PCP (Primary Care Physician) pan India.

Program Structure



Eligibility Criteria

- Primary Care Physician
- Orthopedics
- Rheumatologist

Asian Society of CME

The Know pain summit was held at 37 places in all over India under the banner of Asian Society of Continuing Medical Education.

Contents for Know Pain Summit

Lectures

- General pain/ Basics of pain
- Acute Pain
- Chronic Pain
- Neck and Back Pain

Lectures

- Pharmacology of pain
- Cancer Pain
- Neuropathic Pain
- Headache

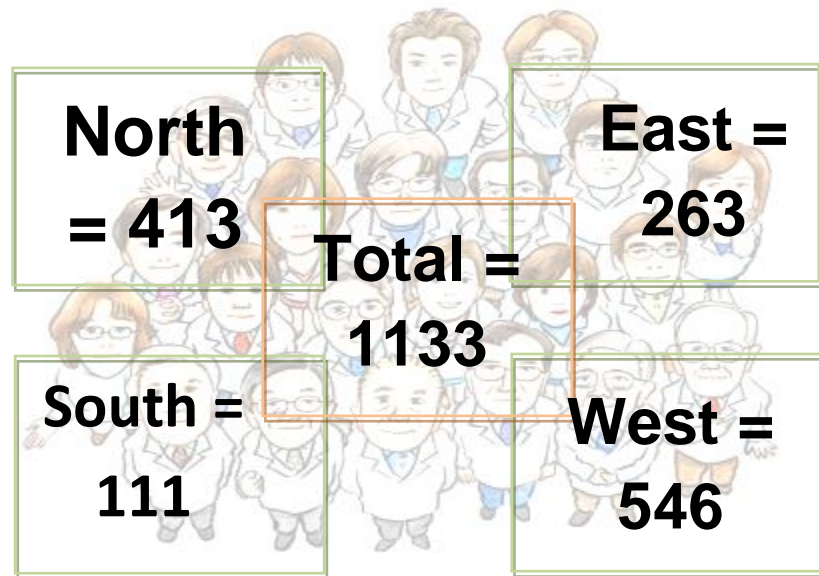
Clinical Cases

- Different types of cases were explained to the audience and the whole case was open for discussion

Location



Number of HCPs



Feedback Questionnaire

- Q1. Topics covered were relevant and informative
- Q2. There was sufficient opportunity for interactive participation
- Q3. Information provided will be useful for my clinical practice
- Q4. Faculty shared information clearly
- Q5. Format of delivery of information [lecture, articles, workshops, etc.] was relevant
- Q6. The event added to my conceptual understanding of the subject
- Q7. This initiative addressed my educational need(s) for science behind Nutrition
- Q8. Asian Society's educational initiatives are in right earnest and value Adding

Know Pain Summit Feedback

Tick boxes the relevant (Rating in SA=Strongly Agree, A=Agree, D=Disagree, SD=Strongly Disagree)

Topics	SA	A	D	SD
Topics covered were relevant and informative	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There was sufficient opportunity for interactive participation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Information provided will be useful for my clinical practice	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Faculty shared information clearly	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Format of delivery of information (lectures, articles, workshops etc) was relevant	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The event added to my conceptual understanding in the subject	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
This initiative addressed my educational need(s) for science behind nutrition	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Academy's educational initiative are in right earnest and value adding	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

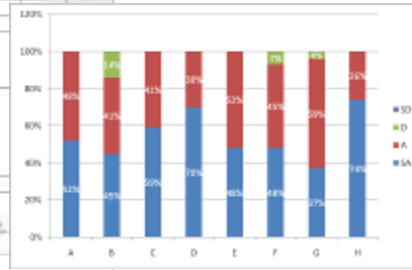
Overall Rating of the Workshop: 1 2 3 4 5
 Lowest → Best

Work Type: PMT
 Speaker Name(s): Dr. Shobha Shrivastava
 Dr. Ashish Sawdakar
 Dr. Sarveshwar Kadam

Any Other topics related to Nutrition that you are interested in:
Combating Malnutrition at a public

Any Other comments:
Disks for Malnutrition

Participating Doctor: *D. V. Bangade, G. Bhandarkar*
 Specialty: *Public Health*
 Hospital/Clinic name: *...*



Future CME Recommended by the Participants

- Arthritis, Neuropathy, Disability & rehabilitation
- Arthroplasty
- Interventional Pain Management workshops.
- Some Hands on Procedure if Possible
- Never Drug Delivery Systems for Pain Management.

CME Accreditation

The Asian Society of Continuing Medical Education was successful in getting CME accreditation for the Know Pain Summit from State Medical Council of Andhra Pradesh and Maharashtra.

Action



Result



Know Pain Summit Calendar

Zone	DATE	Place
East	19th June 2015	Bhubaneshwar
East	20th July 2015	Ranchi
East	28th August 2015	Kolkata
East	27th August 2015	Silliguri
East	29th Sep 2015	Cooch Bihar

Zone	DATE	Place
South	04th July 2015	Hyderabad
South	18th July 2015	Trichy
South	24th Oct 2015	Chennai
South	16th Oct 2015	Madurai

Zone	DATE	Place
West	19th June 2015	Sawaimdhopur
West	20th June 2015	Nagpur
West	20th June 2015	Bhopal
West	17th June 2015	Pune
West	4th July 2015	Bhopal
West	11th July 2015	Indore
West	18th July 2015	Surat
West	20th June 2015	NASIK
West	25th July 2015	Aurangabad
West	22nd August 2015	Mumbai
West	12th Sep 2015	Goa
West	26th Sep 2015	Gwalior
West	26th Sep 2015	Bikaner
West	24th Oct 2015	Beed
West	29th Oct 2015	Kharghar

Zone	DATE	Place
North	30th April 2015	Ludhiana
North	05th June 2015	New Delhi
North	19th June 2015	Dehradun
North	12th July 2015	Lucknow
North	25th July 2015	Gorakhpur
North	26th Sep 2015	Delhi
North	19th Sep 2015	Haldwani
North	25th Oct 2015	Bareilly
North	30th Sep 2015	Ludhiana
North	03rd Oct 2015	Kanpur
North	30th Oct 2015	Jalandhar

CAG Meeting Summary

Core Advisory Group meeting was conducted on 07th March 2015 at Hotel Courtyard Marriot, Mumbai. In Meeting 6 KOL`s (i.e. Pain Physicians, Orthopedics and Rheumatologist) from all over India where present to discuss and finalize the content and prepared the agenda for FAB and Cascade meeting.

The Name of KOL`s are mention below –

- **Dr. G. P. Dureja,**
M.B.B.S., M.D. Diploma in Medical Education (UK)
Director: Delhi Pain Management Centre and Head Dept. of Pain Medicine,
Indian Spinal Injuries Centre, New Delhi
Visiting Professor, ARTEMIS Health Institute, Gurgaon
- **Dr. Anil K. Jain,**
M.B.B.S., M.D., M.A.M.S, FRCS and FAMS
Professor and Head, Dept. Orthopaedics, UCMS & GTB Hospital, New Delhi
President, Indian Orthopaedic Association 2014
- **Dr. Roop Gursahani,**
M.B.B.S., M.D., D.M. (Neurology)
Consultant Neurologist & Epileptologist, P.D. Hinduja National Hospital, Mumbai
- **Dr. Raghu S. Thota,**
M.B.B.S., M.D., PGCC
Associate Professor, Department of Anaesthesiology, Critical care and Pain,
Tata Memorial Centre, Mumbai

- **Dr. Jyostna Oak,**
M.B.B.S., M.D.
Physician and Rheumatologist, Kokilaben Dhirubhai Ambani Hospital, Mumbai
- **Dr. Kailesh Kothari,**
M.B.B.S., M.D.,
Pain Management, Global Hospital and Fortis Hospitals, Mumbai
- **Dr. Madhuri Annarao Lokapur**
M.D., D.A. (U.K.), F.I.C.S., F.I.P.P
Consultant Pain and Palliative Care Specialist
Lokapur Pain Clinic, Pune

FAB Meeting Summary

Faculty Advisory Board meeting was conducted on 19th April 2015 at Hotel Avasa, Hyderabad. For FAB Meeting well known 60 Consultants (i.e. Primary Care Physicians, Pain Physicians, Orthopedics and Rheumatologist) were invited. Lecture and clinical cases were discussed by the expert panel i.e. 6 KOL`s. Lectures comprised on various essential facets in the arena of Pain. Approaches towards Pain management were also discussed in this event. Also, Clinical cases discussed were deemed as of great interest by the partakers as it offered them with up-to-date information and practical perspective in Pain Management.

The CME credit was awarded to the participants by Andhra Pradesh Medical Council.

Know Pain Summit – Cascade Meeting Summary

North Region

Know pain Summit was conducted in the Northern region at 11 Places i.e. New Delhi, Ludhiana, Lucknow, Dehradun, Gorakhpur etc. It was aimed to bring together the well-known Primary care Physicians, orthopedics and Rheumatologists across India in order to discuss various clinical aspects on Pain management. In this CME, Treatment guidelines were established by Pain management experts and community practitioners. Also, Different types of pain and its management and Pharmacology were discussed in this event. Clinical cases discussed here had offered the partakers to gather new information related to practical applications in management of Pain.

Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.



Faculty Delivering the Lecture



Faculty and Participant discussion



Delegate Listening the Lecture

South Region

Know pain Summit were organized in the Southern region at 04 Places i.e. Hyderabad, Trichy, Chennai and Madurai respectively which invited renowned Primary care Physicians, orthopedics and Rheumatologists across India to share their knowledge about several practical and clinical issues related to management of Pain. In this CME program, lectures and Debate were included which were based on Different types of pain and its management with Pharmacology of pain. Towards the end of the program participants shared their feedback, concerns and suggested topics for future programs. CME credits were awarded to the participants by Andhra Pradesh Medical Council.



Faculty Delivering the Lecture



Faculty and Participant discussion



Delegate Listening the Lecture

East Region

Know pain Summit was conducted in the Eastern region at 06 Places i.e. Kolkata, Bhubaneshwar, Ranchi, Siliguri and Cooch Bihar that invited renowned Primary care Physicians, orthopedics and Rheumatologists across India to talk about several practical and clinical issues related to Pain Management. In these CME programs, lectures and workshops were included that were based on Different types of pain and its management with Pharmacology of pain. Clinical cases discussed by the participants helped them to understand clinical features and practical insights based on Pain Management.



Faculty Delivering the Lecture



Faculty Delivering the Lecture



Delegate Listening the Lecture

West Region

Know pain Summit in the Western region were conducted 16 Places i.e. Nagpur, Aurangabad, Gwalior, Indore, Bikaner etc. that invited well-known Primary care Physicians, orthopedics and Rheumatologists across India to discuss on several essential aspects of Pain. This event included of lectures, workshops and discussion of clinical cases delivered by experienced faculties. Treatment guidelines were established by Pain Specialist experts and community practitioners. Clinical cases of different types of pain was discussed. Active participation of the partakers led for sharing professional experience and ideas which helped them to gather apt information related to management of Pain.



Faculty Delivering the Lecture



Faculty and Participant discussion



Delegate Listening the Lecture

CAG Meeting Photo`s

